

# THE TAHUICHI WAY PROGRAM

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**Tahuichi can not be easily described. It must be experienced.  
It is a total soccer experience.**

## Quotes from Tahuichi Way Alumni

### **F. Gomez (CA)**

**Captain, U.S. U17 National Team, World Youth Cup, Ecuador '95. Currently playing MLS.**

"Tahuichi is the place to be if you want to become a very good and intelligent player. For me Tahuichi is the greatest place to be for soccer. I came here because I played against Tahuichi in San Francisco and I liked their style. The way they touch the ball. The fact that they like to dribble and because every single player can do the same thing. Being here has helped me. I don't know how much it has affected my play.... but I know if I spent the time at home, I wouldn't be practicing twice a day, everyday."

### **H. Pedersen (PA)**

"Tahuichi is the best training I have ever experienced. I like Santa Cruz and think it is much safer and cleaner than many U.S. cities. For people who love soccer, Tahuichi is the perfect environment."

### **S. Clark (CA)**

"Tahuichi is not only a wonderful soccer experience but a wonderful experience for life."

### **A. Merz (VT)**

"Tahuichi is the dream program for anyone who wants to go as far as they can in soccer. It tests one in every way imaginable, from one's physical toughness to one's love for the game. Tahuichi is beyond sport. Tahuichi is life."

### **D. Trouille (IL)**

"Tahuichi is not just about kicking the ball around. It's about learning to love every aspect of the game."

### **A. Ramirez (LI)**

"I thought I had experienced hard training in my life, but until you experience Tahuichi you will only be imagining that you have experienced hard training."

### **E. Skyba (NJ)**

"At Tahuichi we learned how to play hard and concentrate, and train correctly. So now we do more in one and a half to two hours than we did in four hours before."

### **A. Higgins (CA)**

"It was tough last summer, but it made me a better soccer player, and that was my objective. I love to play soccer and I want to be the best I can be.... We trained on bumpy, dirty fields. It really helped improve my skills, like trapping and controlling the ball. It has made it much easier playing at home on grass fields.... As for the dunes and river runs... You run up these dunes, which are about 100 feet high and at a 45-degree angle. You also run about 4 1/2 miles around the dunes. At the river, you run about 3 miles, then run from 50 to 100 yards against a stiff current in water about 2 feet deep. Both the dunes and river runs were hard, but I didn't mind them. They helped my fitness and strength."

## FOREWORD

Dear Parent, Player

Thank you for your interest in the Tahuichi Way Program. The Tahuichi Aguilera Soccer Academy is proud to offer you this lifetime opportunity. The Tahuichi Way is a real alternative to the way you are currently experiencing soccer (and life). Since 1991 over 1,600 players (male and female) from the U.S. and around the world have taken this journey of a lifetime. All of them highly competitive players. Why have these 1,600 players taken on the Tahuichi challenge?

These are some of the reasons:

- **They were looking for a real alternative.**
- **They wanted to be challenged.**
- **They wanted to become more creative.**
- **They wanted to become more dynamic and explosive.**
- **They wanted to discover a renewed passion for the game.**
- **They wanted to develop a stronger work ethic.**
- **They were looking for a more professional approach to the game.**
- **They wanted to experience another culture and perhaps learn Spanish.**

After you read through this book and speak with our alumni, then you will honestly know if you are ready to become a Tahuichi.

This book contains information on the Tahuichi Academy and the different programs offered by Tahuichi USA. It explains in detail the Tahuichi Way Program. In addition, we have included recent articles, parent/ player and coach referrals, and testimonials. It is important that you read thoroughly and understand all this information. It includes all that you will need to prepare for the trip (i.e., the sign-up process, information on visas, inoculations, fundraising and the like). By familiarizing yourself in advance, your tour will proceed orderly and smoothly -- and thereby will provide you with the most rewarding experience. If you need to contact us:

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**Beaverton, OR 97007**

**Eng. Rolando Aguilera, Jr.**  
**President, Tahuichi Academy**

## The Programs

In addition to the One-Month Tahuichi Way Program, to allow more players the chance to experience Tahuichi, the Tahuichi Academy has added a Two-Week Team Training Tahuichi Way Program. All programs are described in the pages that follow. Final dates are subject to change pending airline availability.

- **Team Training Program**                      **Tahuichi Way Two-Week Team Training Program**  
Intensive Team Program for high school, club or college teams  
Call Cony Konstin for details at (503) 627 9001 pst
  
- **One Month Program**                      **Tahuichi Way One-Month Intensive Summer Program**  
**First Session:** June 12 to July 9, 2010  
Males ages 13 to 22 and females ages 15 to 22
  
- **One Month Program**                      **Tahuichi Way One Month Intensive Summer Program**  
**Second Session:** July 10 to August 6, 2010  
Males ages 13 to 22 and females ages 15 to 22
  
- **Two Months Program**                      **Tahuichi Way 8-Week Intensive Summer Program**  
Combine Sessions 1 and 2: June 12 to August 6, 2010  
Males ages 13 to 22 and females ages 15 to 22

Becoming more and more popular each year, the 8-Week program is two Tahuichi Way sessions back to back. Combine the one-month sessions 1 and 2. It gets better the second time around and the payback in terms of learning and conditioning grows exponentially. Focus is on preparing for your upcoming season, whether it is with club or school.

### **According to E. Wilson, Tahuichi Way graduate from Kentucky,**

"Tahuichi is for the player who wants to prepare for his/her high school or college programs. Tahuichi is the best way to get ready physically, technically and tactically, and most importantly, mentally."

### **For V. Bartolotta, Tahuichi Way graduate from California,**

"Training on dirt fields with soccer balls as hard as bowling balls was very frustrating, but it helped my skills dramatically. Also the Tahuichi experience will prepare your game fitness and make you mentally tougher than anything back home. But beware, you better be willing to work extremely hard."

### **Parents and Coaches Are Welcome**

Parents are welcome to visit Santa Cruz and witness first-hand the Tahuichi Way Program. It is preferred however, that such visits occur during the last portion of the program in order to minimize distractions to the players. Once in Santa Cruz, parents may choose to stay and hang out with Tahuichi or adventure to such places as Lake Titicaca in La Paz (the highest lake in the world) or to the glorious and mysterious pre-Inca ruins, Machu Picchu, in Peru. Parents are responsible for their own specific tour itineraries. If requested, Tahuichi USA will make available (optional) the special (negotiated) group airline rates (round trip Miami to Santa Cruz) and can help with local hotel connections, but beyond these, parents are responsible for their own travel. For more information, please contact Tahuichi USA.

Coaches are also welcome to observe and participate. Please contact Tahuichi USA for more information.

If you decide to join the Tahuichi Way Program, a deposit plus the signed Conditions Form (page 21) are immediately required in order to reserve a place.

## History

### Academia de Futbol "Tahuichi" Aguilera

Located in beautiful Santa Cruz, Bolivia - in just 29 years – Tahuichi has created some of the finest young talents. What started as just a few kids trying to keep the family soccer tradition going, has blossomed into a major international youth soccer power.

The Tahuichi Academy was formally organized on May 1st, 1978 by Eng. Rolando Aguilera Pareja as a private sports institution with no personal economic interests. A place dedicated to children's recreation and the development of the basics of soccer. In the regional Chiriguano Indian language, "Tahuichi" means "Big Bird". That was the nickname of Mr. Aguilera's father (himself a famous international), in whose honor the Academy was founded. The first students were sons Roly, Jr. and Erwin Aguilera, but soon there were over 200 applicants from around the country. The first coach was the former Brazilian international, "Dede".

The "Tahuichi Aguilera" Soccer Academy quickly became famous. In its first year, it won the Bolivian U14 national title. It was then invited to the first South American U14 championship of club teams taking place in Buenos Aires, Argentina in January, 1980, opened by the then rising star Diego Armando Maradona. It was a memorable night when Tahuichi defeated Independiente of Argentina 4-1 in the final before 50,000 spectators. Club Palmeiras of Brazil finished third. The welcome that Bolivia gave to its returning young heroes was unlike anything that had ever been done in the past. The President of the Republic, along with the complete Cabinet and Congress, distinguished the Academy, and started what has become one of the most beautiful and fascinating stories in soccer history.

In close to three decades of intense work and travel, Tahuichi has represented itself in over 130 top international soccer tournaments in USA, Europe, Asia and Latin America, where it has won 95 times, and come in second 15 times. A success rate of 85%. It has played more than 300 international games and has lost less than 40 - in the process scoring more than 1,600 goals versus less than 200 against. Tahuichi has traveled over 1,200,000 kms or over 30 times around the world, taking with it over 1,300 kids. More than 150,000 children have passed through its doors. Currently, over 60 Tahuichi graduates have signed lucrative professional contracts, including Platini Sanchez (Benfica, Portugal), Ko Ishikawa (Yarimuri, Japan), Marco Etcheverry (DC United, USA), Jaime Moreno (MetroStars, USA), Joselito Vaca (Dallas Burn, USA), Juan Peña (Villareal, Spain) and Raul Medeiros (BK Hacken, Sweden). Over 25 more have received full-ride college scholarships in the USA, including North Carolina State, Long Island University, University of South Carolina, FIU and Pan American University.

#### **They are without question, the best youth club in the world today.**

Francisco Gomez, from Watsonville, California - captain of the 1995 U17 U.S. National Team and currently playing in MLS, spent 8 months with Tahuichi just prior to the FIFA Youth World Cup (Ecuador '95). Then U.S. National Coach Glenn Myernick confirmed that because of Tahuichi, Francisco progressed the most. "Gomez's ability to concentrate and stay in the game has enhanced. His touch is better and he has a more mature attitude. He plays a key position, central midfield, and is the captain. He is not only physically toughened up, but is mentally tougher."

## Tahuichi History

## Partial list of accomplishments

|  |            |            |
|--|------------|------------|
| South American Champion of Clubs                               | Argentina  | 1980       |
| International Sun Bowl Champion                                | USA        | 1980       |
| Pan-American Champion  | Brazil     | 1981       |
| World Champion of River Plate                                  | Argentina  | 1981       |
| South American Champion of Clubs                               | Bolivia    | 1982       |
| Champion of the Mundialet                                      | Spain      | 1982       |
| Latin American Champion  | Argentina  | 1983       |
| USA Tour (Washington, Miami, Dallas, Atlanta)                  | undefeated | 1983       |
| International Champion, Santander                              | Spain      | 1984       |
| Participation in FIFA U16 World Cup                            | China      | 1985       |
| FIFA South American Champion U16.                              | Peru       | 1986       |
| Participation in FIFA U16 World Cup                            | Canada     | 1987       |
| Hatters Cup Champion   | England    | 1989       |
| Holland Cup Champion   | Holland    | 1990       |
| Cordoba Cup Champion   | Argentina  | 1990       |
| Gothia Cup Champion 84, 85, 88, 89, 90, 93, 95,96,97,98,99, 01 | Sweden     |            |
| Dallas Cup Champion 1987, 1988, 1989, 1990, 1996               | USA        |            |
| Dana Cup Champion 90, 92, 93, 96, 97, 98, 99                   | Denmark    |            |
| Ian Rush Champion  | Wales      | 1992       |
| South American Champion U15                                    | Chile      | 1992       |
| Friendship Cup Champion  | Peru       | 1994, 1998 |
| San Francisco Cup Champion                                     | USA        | 1994       |
| European Tour (Germany, Holland – 13 games)                    | undefeated | 1994       |
| Friendly (3-1) Tahuichi vs. U.S. National Team U18             | USA        | 1994       |
| St. Benedict's Tournament Champion 94, 95, 98, 00, 01          | USA        |            |
| Helsinki Cup 1988, 1989, 1995                                  | Finland    |            |
| South America Club Champion (U15)                              | Bolivia    | 1995       |
| Saarbrucken Cup Champion                                       | Germany    | 1996       |
| European Tour – Switzerland, Luxemburg, Liechtenstein          | Undefeated | 1996       |
| Friendship Cup U13 Champion                                    | Argentina  | 1996       |
| Brondby Cup U17 Champion                                       | Denmark    | 1996       |
| Independence Cup U15 Champion                                  | Chile      | 1996       |
| South American U13 Champions                                   | Argentina  | 1996       |
| Mundialito Paz y Unidad Champion 97, 98, 01, 03, 04, 07        | Bolivia    |            |
| Nike Premiere Cup, runners up                                  | Argentina  | 1998       |
| Copa Santa Catarina Champion 98, 99, 00, 01, 02, 04            | Brazil     |            |
| Champions Cup, runner up                                       | Germany    | 1998       |
| Renaissance Cup Champion                                       | USA        | 2000, 2001 |
| World Champion adidas 4x4                                      | France     | 1998       |
| Nike World Championship, runner up                             | France     | 1998       |
| Il Torneo Internacional Champion                               | Venezuela  | 1999       |
| Copa La Serena Champion  | Chile      | 1999       |
| Torneo Niños Martires Acosta Nu Champion                       | Paraguay   | 1999, 2000 |
| Friendship Cup Champion 94, 97, 98, 99                         | Peru       |            |
| Tivoli Cup Champion  | Denmark    | 2000, 2001 |
| Peace Cup Champion   | Sweden     | 2000       |
| Antofagasta Cup Champion                                       | Chile      | 2000       |
| Mundialito Mitai Champion                                      | Paraguay   | 2001, 2002 |
| Cuadrangular Internacional Champion                            | Argentina  | 2001       |
| Vinhedo Cup Champion   | Brazil     | 01, 02, 04 |

|                                      |           |      |
|--------------------------------------|-----------|------|
| Cuadrangular Internacional Champion  | Argentina | 2001 |
| Copa Jao Havelange Champion          | Brazil    | 2002 |
| Mundialito Caracas Cup Champion      | Venezuela | 2003 |
| Portland Cup Champion                | USA       | 2003 |
| Semillitas Cup Champion              | Argentina | 2005 |
| Torito de Chiclana Cup Champion      | Argentina | 2006 |
| Club Olimpia Cup Champion 96, 06, 07 | Paraguay  |      |
| Esteva Gerbi Cup Champion            | Brazil    | 2007 |
| Valinhos Cup Champion                | Brazil    | 2007 |

## **WORLD OPINIONS**

### **Pele**

*Tahuichi has revolutionized youth football in the world. It is a great example that must be emulated. Children are the future, and Tahuichi has understood that very well.*

### **Paul Gardner**

*They are a phenomenon. A real, live demonstration of how the sport of soccer should be played. Everyone involved in the sport should see them. Their challenge is simply that they will play better. It is a challenge that makes for great games. (Soccer America)*

### **Diego Armando Maradona**

*I congratulate these youngsters who have delighted us with their play.... I think this is a result of work well done by their coach and directors. The collective football that Tahuichi plays is the best I have ever seen.*

### **Charles R. Bowers (Former US Ambassador to Bolivia)**

*The belief in excellence and dedication to success that makes the Tahuichi Way serves as an important lesson to all the young people of the world.*

### **Joseph Blatter, President of FIFA**

*Mr. Blatter traveled to Bolivia and bestowed upon the Academy the FIFA Medal of Gold Tahuichi has, in its play structure, the ability of the Argentineans, the cadence and rhythm of the Brazilians and the dignity of the Uruguayans and Paraguayans.*

# Tahuichi USA

## Background and Objectives

Tahuichi USA was founded with the sole purpose of bringing The Tahuichi Way to the world, especially the United States. We feel that the Tahuichi Way is perfect for U.S. players and coaches because it takes the best from all worlds. In short, Tahuichi is not the European or Latin Way. Tahuichi is everything. Technique with speed.

The experience will give you insights about risk taking, goal setting, courage, commitment, inspiration and concentration which are directly applicable to soccer, athletics and to life. It will certainly test your love and appetite for the sport. The most outstanding benefits are that in learning to be more realistic about your strengths and weaknesses, and the ways to handle and cope with them, you will observe and increase in your own personal confidence and confidence in playing the game.

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The founders of Tahuichi USA and the Tahuichi Way Program include Rolando Aguilera (Founder of the Tahuichi Academy and an engineer by profession), Cony Konstin (Masters in Sports Management) and Iñaki Alvarez (Masters in Business Administration). All have extensive national and international playing and coaching experience.

Tahuichi Director of Coaching, Ciro Medrano, spent months working with Tahuichi USA in developing formats, curriculums and much more. The vision is to one day establish a strong, permanent Tahuichi presence in the United States and to develop great cross-cultural exchange - for the love of soccer and with the belief that our youth can be the very best.

In the summer of 2008, close to 100 male and female players between the ages of 13 and 22 traveled to Santa Cruz, Bolivia to experience the Tahuichi Way. Since 1991, over 1,600 players have completed the one-month intensive program. In addition, since 1991, over 70 players have elected to stay at Tahuichi longer and participate in the Tahuichi Masters Program (3-months to 1-year program). All of these players have experienced great success upon their return.

So much so that U.S. coaches, from universities to the new professional Major League Soccer, have expressed interest in and recruited Tahuichi Way graduates. Colleen Hacker, a member of the U.S. National and Olympic Women's Coaching Staff, went as far as to spend two weeks in Santa Cruz studying the Academy and its methods. Similarly, Coach Arnie Ramirez, Long Island University (NCAA Division 1) spent several months. David Buck, Assistant Coach, Men's Program at Seton Hall (NCAA Division 1), spent two months. All have come to the conclusion that the Tahuichi Way is making a significant contribution to U.S. player development and highly recommend the Tahuichi Way to all coaches who are looking for an alternative, for themselves and their players.

## PROGRAM DESCRIPTIONS

### The Tahuichi Way (Two-Week Team Training Program)

To allow more players to experience Tahuichi, the Two-Week Team Training Tahuichi Way Program is specifically designed for teams – high school, club or college. Programs can be scheduled any time of the year and will be customized according to the needs of the team. Players will live in the Tahuichi Academy dorms or in homestays. For more information, please contact Coach Cony Konstin at (503) 627 9001 pacific standard time.

### The Tahuichi Way (One-Month Program) (Includes new program → Goalkeeper training)

The Tahuichi Way One-Month Program is an intensive, accelerated program designed for those who are truly committed. This Micro Plan was developed by Tahuichi and duplicates the exact training undergone by top Tahuichi teams preparing for major international competition. In this one month you will learn the methodology and philosophy of Tahuichi. This Micro Plan includes:

#### Focus on:

- |                  |   |                        |
|------------------|---|------------------------|
| 1. Fitness       | - | first week             |
| 2. Technical     | - | second and third weeks |
| 3. Tactical      | - | second and third weeks |
| 4. Psychological | - | all throughout         |
| 5. Lectures      | - | all throughout         |
| 6. Competition   | - | fourth week            |

During these four weeks there will be river training, sprints up 100 ft. high sand dunes, drills on speed, agility, flexibility, rhythm, coordination, crossing, finishing, dribbling with speed, changing pace and reading the game quicker. You will compete with and against Tahuichi players. You will learn tactical discipline. You will work harder than you ever have in your entire life.

#### Typical daily schedule includes:

- 2 to 3 hours of training in the morning
- Lunch at home with your family
- 2 to 3 hours of training in the afternoon
- Dinner at home with your family

In the first two or three days, considerable time will be spent on testing and evaluation. This includes matches as well as physical conditioning, endurance and speed testing. The Tahuichi coaches will use this time to create benchmarks, sort groups, etc.

**It is advisable to get into shape before you get to Tahuichi.  
This is a total soccer experience.**

#### Be forewarned:

You are going to a beautiful country with very loving people. Besides the soccer, there will be a real cultural experience that will include the food, the climate, the people, etc. However Tahuichi is not a rich academy. The conditions are going to be very basic; this includes the transportation, fields and balls. Club Med it is not. Tahuichi does a lot with the little they have. Their record speaks for itself. You are not going to have the material things you may be accustomed to at home. You therefore need to go in with an open mind and a great attitude if you want the success. You will learn the meaning of humility.

Furthermore, it is strongly advised that you first speak with some of our references (players that have already experienced the Tahuichi Way), before making the decision to travel.

# TAHUICHI PLAYING PHILOSOPHY

## General Overview

Soccer today is faster, more committed and more dynamic than it has ever been.

Teams used to be made up of specialists, with defenders protecting their goal and forwards concentrating solely upon scoring at the other end, with only a few players maintaining the link between the two groups.

In today's style of soccer, with the tendency to put more players into midfield, all-round players have become of particular importance. Players are expected to make sacrifices as individuals for the common cause of the team as a whole. But not even a great player can subjugate all his skills in this manner - and so while the modern player must accept that he has to perform various functions for the team, he still remains true to his own very specific individual skills. It is this balance that has made Tahuichi great.

One player might be primarily a defender by nature and although he may be able to take part in constructive movements or even add his weight to the attack from time to time, his main responsibility will still be in defense. A natural attacking player meanwhile, may be instructed to mark opponents while the opposing defense has the ball, but most of his efforts will be directed towards creating and taking goal chances. It is therefore important for all players to keep their specialist qualities and to be given a role in the team that corresponds to these specific abilities. All-round ability is a bonus individual quality resulting from players' general integration into an ever more complex whole, and does not in any way rule out the need for specialist players with their unique skills for particular situations. To ask too much of these players is to restrict their natural ability and thus diminish the effectiveness of their performance.

The great secret of a good soccer team is in the way in which its various elements complement each other. It is this simplicity that Tahuichi has learned to do so well.

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At the very least, it is hoped that the Tahuichi Way program will plant a seed of greatness in you. We say a seed because you must understand that nothing is instant. The Tahuichi Way Program is but another step in what it takes to be a champion. As mentioned more than once in this and other literature, Tahuichi has not invented anything new. What they have done is to combine the best of all there is to know about soccer and applied it to their own unique situation. They added some of their own flavoring, some environment and topped it all off with a tremendous amount of practice.

**A lot of practice!**

# TAHUICHI PLAYING PHILOSOPHIES

## Specific Concepts

### Dribbling

Dribbling involves keeping the ball under control in order to take one or more opponents out of the game by taking the ball past them. Good dribbling is based primarily upon changes of direction, speed and body swerves, and is something that bears the stamp of the individual player's originality and personality. It also requires great technical skill and a keen sense of improvisation. There are many different variations of dribbling, all of them difficult to analyze. They all contain the danger of the dribbler losing the ball, but this is a risk that the player has to take when the situation demands.

A player should not dribble when he/she can pass the ball. Even the fastest player cannot travel as quickly as the ball itself. The dribbler should surprise the opponent by taking the ball past him/her on the opposite side from that on which a pass may be expected.

### Feinting

Feinting is a movement of the body designed to deceive the opponent. It is one of the components of dribbling.

The body movements can be made by the chest, whereby the balancing of the shoulders deceives the opponent as to the actual direction taken or by the legs and the feet in order to simulate kicks at the ball and contact, also with the intention of tricking the opponent. There is an innumerable amount of these feinting movements which are mainly intuitive and instantaneous and therefore impossible to classify. Defenders, as well as midfield players and forwards can employ feinting.

### Shooting at goal

Dribbling and inter-passing help set up goal chances that are then crowned by shots at goal, the final and decisive stage of any combined or individual attacking movement. Shots must be accurate, impromptu and powerful.

The surprise effect plays an extremely important role in scoring goals. This effect may be gained by shooting directly or by spontaneous shots where the distance is reduced by the player first pretending to shoot before actually doing so, by lob shots or by simple toe-punts struck with the toe of the boot with an extremely "flat" and unpredictable trajectory.

The angle of the shot can be widened by the player imparting a swerve effect on the ball as he strikes it. Leading players swerve their shots as much as possible, including their most powerfully struck shots. Free kicks are a particular example of how this type of shot is used.

## **Tahuichi Playing Philosophies: Continued:**

### **Elements of defense marking**

Marking an opponent aims at preventing him from receiving the ball, or, if he is already in possession, denying the chance of using it effectively.

The following points should be mentioned here:

- A player marks his opponent by placing himself between the opponent and his own goal, according to the position of the ball. In principle, marking should be tighter close to the ball or close to the goal.
- By marking an opponent really tightly, a defender is able to see a pass coming or, at least, is able to intervene deliberately and immediately upon his man receiving the ball.
- Looser marking allows the opponent to control the ball, but clever positioning and by controlling the space around him, the defender can prevent the opponent from using the ball to develop the attack any further, in that he prevents him from making a decisive through pass. Adequate marking may also commit the opponent to dribble the ball or force him to make a worthless pass that interrupts the flow of the attack.
- A player should not just concentrate on the one direct opponent whom he is marking, but should to a certain extent always be able to assess exactly what is happening in the overall match situation.
- The most difficult thing in organizing the defense is when the defenders switch the opponents they are marking. This demands great concentration and awareness on their part and also calls for perfect harmony within the defensive block.

Any form of defensive organization implies that there must be a high degree of solidarity whenever it is necessary to help out a fellow defender who finds himself faced with a difficult situation. Thoughtful covering can give the defense a vital feeling of confidence and security.

There are two forms of covering:

- one of them requires players to cover space,
- and the other involves players covering colleagues who are themselves involved in the action.

When the ball has been lost to an opponent, challenging back becomes the first defensive action and an aggressive element of play in the opposition's defensive zone. The aim is to win the ball back quickly and forwards should not simply stop playing as soon as they lose possession. By winning the ball back straightaway, players can save a lot of running about and a great deal of tiring effort. However, teams can only harass their opponents immediately and effectively if their defensive cover is effectively organized, as this work is in fact usually aimed at forcing the opposing defense into making mistakes.

**Tahuichi takes great pride in being able to overwhelm opponents and give the impression that they are multiplying themselves on the field.**

## **Tahuichi Playing Philosophies: Continued:**

### **Principles of attack**

An attacking movement starts from the moment when a team wins possession of the ball and it lasts until there is a successful or unsuccessful attempt at goal or the ball is lost again. There are two different forms of attacking: either individual action or various combined movements. A team can only launch an attack and score a goal if it is in possession of the ball, and so the entire team is involved in an attacking movement.

The principles of attack are as follows:

- Alternation between holding on to the ball and suddenly accelerating forward; the ability to change pace in this way is a major factor in a team's effectiveness.
- Even though attacking movements should rather be oriented in a forward direction, square passes across the pitch or even back passes are by no means ruled out if they help open up holes in the ranks of the opposing defense.
- The attacking team needs to move as a unit and the players need to spread out as they move forward. The number of players involved in the attack should correspond to the actual circumstances of the attack.
- Attacks should be composed of a variety of different movements alternating regularly for instance between individual and joint movements, with frequent switches between long and short passes, and with passes being made either up and down, or across the field.
- An effective means of attack is for several players to congregate on one side of the field and then to send a long diagonal pass across to players on the other wing.
- Faced with a massed defense, teams should play as much as possible down the wings.
- Pressure and speed are among the foremost principles of effective attacking play.

All these principles have one objective: to create goal chances. The challenge of Tahuichi is simple: they will overwhelm opponents with goal scoring opportunities.

### **Goalkeeping**

Goalkeepers get special attention at Tahuichi. Not only do they do all that is required of the field players, but they also have a special curriculum that includes the most modern keeping techniques. Today's keepers must be able to act as "sweepers", use their feet, especially with all the new rules limiting hand-use and pass-backs.

Goalkeeper breakout sessions, weeks 2 to 4. Learn the techniques of South American goalkeepers.

## **Tahuichi Playing Philosophies: Continued:**

### **Summary**

It is very difficult in soccer to draw up elaborate moves in advance, because once the game has started, the moves worked out in training are suddenly confronted with the constant challenge of the opposing team. There is the repeated danger of losing possession of the ball, making it always necessary for players to adapt to new situations and find new forms of improvisation.

However, soccer as it is played today still does feature certain movements which teams can prepare in training, such as dead-ball situations, build-up and attacking movements. The alternation between these deliberately pre-planned moves and those which evolve during the course of the game itself means that there is more coordinated teamwork on the one hand, and, on the other, a need for players in the team to have a thorough understanding for each other as well as an acute innate feeling for the game itself. The standard of teamwork will depend upon all these qualities, as well as upon the standard of the team's preparation and the talent of the players in the side.

Tahuichi has not re-invented the game or discovered any thing new in the game. What they have done and done effectively, is to take the best from all the different ways of thinking about the game and incorporated them into a form that is unique, challenging and beautiful to watch. As mentioned before, Tahuichi is not the Latin way or the European way. Tahuichi is everything.

### **TAHUICHI IS EVERYTHING**

**These are the reasons why you will choose Tahuichi:**

- 1. You are looking for a real alternative.**
- 2. You want to be challenged.**
- 3. You want to become more creative.**
- 4. You want to become more dynamic and explosive.**
- 5. You want to discover a renewed passion for the game.**
- 6. You want to develop a stronger work ethic.**
- 7. You are looking for a more professional approach to the game.**
- 8. You want to experience another culture and perhaps learn Spanish.**
- 9. You want to increase your tactical awareness and knowledge of the game.**
- 10. You want to prepare for the upcoming season.**
- 11. You want to know if you have what it takes....**

## **SUPERVISION**

The ratio of players to chaperones (coaches, trainers and staff) is always kept at a level felt to provide the proper supervision while still permitting players to evidence their own maturity on tour. Strong disciplinary sanctions, from missed sessions and games, to tour dismissal, helps players understand and respect the cooperation expected from them.

To enhance supervision, your tour is under the administration of Tahuichi USA. This administration is primarily responsible for land arrangements, group discipline, emergencies and other contingencies.

The Tahuichi Way takes the safety of players very seriously. All sessions will provide emergency medical services. Game related injuries are handled by top Tahuichi personnel who have many years of on-field experience at the highest levels of competition. These personnel will be supported by Tahuichi USA staff who will be instructed, if necessary, to accompany players to a local hospital for appropriate treatment.

Players are responsible for contacting a trainer or a Tahuichi USA official to report an illness or injury not apparent to the coach. The Tahuichi Academy has its own in-house medical facility fully staffed with trainers and doctors. Players have the opportunity daily to visit with these trainers and doctors for attention. In addition, all players are registered with a local private hospital that has 24-hour emergency medical services. Players may visit this hospital at any time for attention.

It is further advised that players contact their doctor or local immunization center prior to departure for which inoculations or treatments, if any, need to be taken. Most common preventive treatments are for malaria, hepatitis, typhoid and yellow fever. Inform your doctor that Santa Cruz is located in the plains of Bolivia, at sea level. We never go near the jungles or the Amazon area. The Center for Disease Control maintains a very good travel advisory site at [www.cdc.gov](http://www.cdc.gov).

## **ACCOMMODATIONS**

The Bolivian people are very hospitable. Although Santa Cruz is a fast growing city, life is still very provincial. Accommodations will be in the homes of middle class Bolivian families. In most cases, two players are placed in each home. If there are preferences, you may specify with whom you would like to homestay. Typical board will be rice with meat/chicken and vegetables. The water in the homes (for the most part) is safe for drinking but precautions must be taken outside (bottled water is readily available). The weather can turn cold with the chance for thundershowers. Any Spanish learned beforehand would, of course, be helpful.

Bolivia is considered to be a developing country. Although immediately upon arriving you will see that Tahuichi opens its doors to rich and poor alike - soccer is the key. They have created a tremendous atmosphere that leaves many in awe as to its accomplishments. One visit to the trophy room is enough.

### **Note to Parents / Players**

Just as we would expect any visitors to our own homes to act with respect and consideration (regardless of the compensation), so do the Bolivian families. The laundry alone can be overwhelming at times. These Bolivian families have time and again been very gracious to open their homes to international guests. There will, therefore, be no tolerance for any kind of disrespect or abuse. Likewise, Tahuichi will not tolerate any disrespect towards Americans or other international players. Players are responsible for informing Tahuichi officials if there are problems with the homestay arrangements or other issues not immediately obvious.

# FUNDRAISING

## Introduction:

Fundraising can make a substantial impact on players' costs. Many players have been able to defray the majority of the tour fees by attracting local sponsors. However, hard work is needed. Amateur players at all levels, youth through senior, know that funding for training and competitions comes only from a well thought out plan.

Based on our past experiences and the suggestions of some professional fundraisers, the following general guidelines should be followed:

1. Be as organized and professional as possible. Take the necessary materials with you as in forms, letters of introduction and brochures.
2. Be polite, positive and patient. Dress neatly.
3. Meet prospective donors face-to-face. Personal contact is the best way to show that you are interested in the donor. Phone calls (not too many) are also good.
4. Follow up your meetings with a thank you letter and any materials requested by the donor. Do not wait until tomorrow. Donors will feel your enthusiasm and respond.
5. Do not always look for the big donor. Expect most to give between \$25 and \$50.
6. Start early. Plan a list of family, friends, relatives, local businesses and others. The more local, the better. Think of places where you shop.
7. The more sponsors, the more support you have. Suppose you set a goal of \$1200.  
Make yourself a tree of gifts and fill it in.  
  
\$200  
\$120 - 120  
\$80 - 80 - 80 - 80  
\$40 - 40 - 40 - 40 - 40 - 40 - 40 - 40  
\$20 - 20 - 20 - 20 - 20 - 20 - 20
8. If possible, try to find an adult who would be willing to serve as the guide for your fundraising efforts by giving advise, connections and support. You do the legwork.
9. Keep you sponsors informed from abroad. Budget a postcard or two for each.

**Be creative and honest  
Deliver value**

## FEES, INCLUSIONS, EXCLUSIONS

**Tahuichi Way (Two-Week Team Training Program)**  
**Comprehensive Fee per Player** **\$2,585**  
Call Coach Cony Konstin for details

**The Tahuichi Way (One-Month Program)**  
**Comprehensive Fee per Player** **\$3,485**

Comprehensive Fee for the One-Month Program represents tour costs such as round-trip airfare (from Miami and subject to change), room, board, transfers, buses, coaching and training, tour T-shirt, tour polo shirt, medical support, supplemental medical coverage, processing and administration.

### **This fee include:**

- Roundtrip airfare from Miami to Santa Cruz, Bolivia
- All accommodations and homestay meals
- All coaching, training
- Supplemental medical coverage
- Medical support
- Tour leader (including processing and tour administration)
- Transportation - from the academy to the training fields
- Tour T-shirt, tour polo shirt and diploma

### **Exclusions:**

- Passport fees
- Visa fees
- Items of personal nature
- Practice uniforms
- Local transportation other than from the academy to the training fields

### **2nd Session Option:**

- Applies to those participating in the first session who want to stay for the second.
- **Combination of the One-Month Sessions 1 and 2 (8 weeks)** **\$5,585**
- Includes the continuation of all benefits from one session to another.

### **Mandatory:**

- Shin guards
- Black pants and black shoes (for official group functions)
- Red shorts and sox for practice matches (solid or with stripes, it does not matter, as long as they are predominantly red). Generic brands are okay.

### **Parents / Coaches Welcome**

- As mentioned earlier, parents and coaches are welcome.
- Call Tahuichi USA at (503) 627 9001 for more information (Oregon).

### **Other Costs**

- Airport Security Taxes. These need to be paid in cash by each person upon departure from Santa Cruz (\$25). Tax rates are subject to change.
- Taxi Spending Money. Taxis are the most common method for getting around in Santa Cruz. Most fares cost around 10 Bolivianos (less than \$2). Please be prepared with taxi money (about \$100 for the One-Month session should be sufficient).

## **THE TAHUICHI WAY TWO-WEEK TEAM TRAINING PROGRAM**

- **Can be scheduled any time of the year**
- **Program is specifically designed for teams – high school, club or college**
- **Program will be customized according to the needs of the team**
- **Please contact Coach Cony Konstin at (503) 627 9001 for more details**

# **THE TAHUICHI WAY ONE-MONTH INTERNATIONAL SUMMER PROGRAM FIRST SESSION JUNE 12 TO JULY 9, 2010**

## **Payment Schedule**

It is the responsibility of the players and parents to follow the payment schedule. Airline and other tour bookings cannot be assured without timely payments. After a ten-day grace period, a \$25 late charge will be applied to any late payment.

A deposit of \$750 is due with the signed Conditions form.  
These (the \$750 deposit plus the signed Conditions form) are required immediately in order to reserve a place in the program.

A second payment of \$600 is due on or before February 1, 2010.  
A third payment of \$700 is due on or before April 1, 2010.  
The balance is due on or before June 1, 2010.

If you join anytime after February 1, 2010, your sign-up payment should equal all payments that will bring you up to date according to the above schedule.

Any credits will be processed at the conclusion of the tour. Payments over 21 days late may subject a player to immediate cancellation (see cancellation policy below), and/or additional late charges.

## **Cancellations**

Cancellations in writing prior to April 1, 2010 will result in a full refund less a \$400 cancellation fee. Cancellations received in writing on or after April 1, 2010 but prior to June 1, 2010 will result in a cancellation fee of \$600. On or after June 1, 2010 no refunds will be given for cancellation.

Players are strongly advised to obtain travel insurance to cover cancellations resulting from medical and/or family emergencies prior to departure. . Visit the following sites for more information:  
[www.travelinsured.com](http://www.travelinsured.com) [www.travelguard.com](http://www.travelguard.com) [www.accessamerica.com](http://www.accessamerica.com)  
[www.worldtravelcenter.com](http://www.worldtravelcenter.com)

## **Other Changes**

Due to the length of the tour, Tahuichi USA and The Tahuichi Academy cannot be held responsible for any unforeseen changes on the total tour costs. Notification of changes (with explanations) will be reflected in the final statement.

Airline bookings and other uncertainties may result in the lengthening or shortening of the tour. Additionally, some players might have to leave early or stay later. The entire tour is expected to last 27 to 30 days.

# **THE TAHUICHI WAY ONE-MONTH INTERNATIONAL SUMMER PROGRAM SECOND SESSION JULY 10 TO AUGUST 6, 2010**

## **Payment Schedule**

It is the responsibility of the players and parents to follow the payment schedule. Airline and other tour bookings cannot be assured without timely payments. After a ten-day grace period, a \$25 late charge will be applied to any late payment.

A deposit of \$750 is due with the signed Conditions form.  
These (the \$750 deposit plus the signed Conditions form) are required immediately in order to reserve a place in the program.

A second payment of \$600 is due on or before March 1, 2010.  
A third payment of \$700 is due on or before May 1, 2010.  
The balance is due on or before July 1, 2010.

If you join anytime after March 1, 2010, your sign-up payment should equal all payments that will bring you up to date according to the above schedule.

Any credits will be processed at the conclusion of the tour. Payments over 21 days late may subject a player to immediate cancellation (see cancellation policy below), and/or additional late charges.

## **Cancellations**

Cancellations in writing prior to May 1, 2010 will result in a full refund less a \$400 cancellation fee. Cancellations received in writing on or after May 1, 2010 but prior to July 1, 2010 will result in a cancellation fee of \$600. On or after July 1, 2010 no refunds will be given for cancellation.

Players are strongly advised to obtain travel insurance to cover cancellations resulting from medical and/or family emergencies prior to departure. . Visit the following sites for more information:  
[www.travelinsured.com](http://www.travelinsured.com) [www.travelguard.com](http://www.travelguard.com) [www.accessamerica.com](http://www.accessamerica.com)  
[www.worldtravelcenter.com](http://www.worldtravelcenter.com)

## **Other Changes**

Due to the length of the tour, Tahuichi USA and The Tahuichi Academy cannot be held responsible for any unforeseen changes on the total tour costs. Notification of changes (with explanations) will be reflected in the final statement.

Airline bookings and other uncertainties may result in the lengthening or shortening of the tour. Additionally, some players might have to leave early or stay later. The entire tour is expected to last 27 to 30 days.

## CONDITIONS (REGISTRATION) FORM

Tahuichi USA and the Tahuichi Academy, its directors, employees, and/or agents declare that all tickets, vouchers, and coupons issued by them, and all arrangements for transportation and accommodations made by them, are made by them upon the express conditions that they shall not be liable for any injury, damage, loss, accident, delay or irregularity which may occur by reason of defect in any vehicle or through the act of default of any company or person engaged in conveying the passenger or carrying out the arrangements of the tour. Tahuichi USA and the Tahuichi Academy, its directors, employees and/or agents can accept no responsibility for losses or accidental expenses due to delay or changes in schedules, defaults, overbooking by carriers or hotels, sickness, weather, strikes, war, governmental action, quarantine or other causes. Tahuichi USA and the Tahuichi Academy reserve the right to substitute, when expedient or necessary, aircraft, airlines, trains, buses, ferries, accommodations, matches and tournaments; and to cancel a tour member from the tour prior to, after commencement of, or during the tour; and/or to make such substitutions, alterations or cancellations at any time without the advance notice to or approval of tour members. Tahuichi USA and the Tahuichi Academy reserve the right to change itineraries and prices at any time. No refund will be made for any unused portion of any tour unless such portion has been deleted from the tour. The pro rata cost of such unused portion shall be the full limit of Tahuichi USA and the Tahuichi Academy's responsibility to said tour member and/or purchaser. Players cancelled from the tour for violations of the Rules and Regulations will not receive any refund for the unused portion of the tour. Players are fully responsible for securing and handling passports and visas. Tahuichi USA and the Tahuichi Academy, its directors, employees and/or agents are not responsible for any injury or loss of property to the player prior to, during, or after the tour. Parents or guardians shall defend and indemnify Tahuichi USA and the Tahuichi Academy, its directors, employees and agents for any and all liabilities on account of any and all claims brought against Tahuichi USA and the Tahuichi Academy, its directors, employees and agents by the parents or guardians or their children or wards. Payment of the deposit or signing the attached forms shall be considered as consent to the above conditions and all conditions contained in this document.

We agree to all terms and conditions contained in this document, and hereby enroll our child/ward in the Tahuichi Way Program. Please include your payments as outlined in the payment schedule below.

| Payment     | Amount      | Sessions Starting on June 12<br>Payment Due On | Sessions Starting on July 10<br>Payment Due On |
|-------------|-------------|--|--|
| Deposit     | \$750       | With application                               | With application                               |
| Payment 2   | \$600       | February 1, 2010                               | March 1, 2010                                  |
| Payment 3   | \$700       | April 1, 2010                                  | May 1, 2010                                    |
| Balance Due | Balance Due | June 1, 2010                                   | July 1, 2010                                   |

I/We are enrolling in the \_\_\_\_\_ **First Session (One-Month Session June 12 to July 9)**  
 \_\_\_\_\_ **Second Session (One-Month Session July 10 to August 6)**  
 \_\_\_\_\_ **Eight-Week Session (June 12 to August 6)**

What level(s) are you currently playing at? \_\_\_\_\_  
 (For example: Club, High School, State, Regional, National, Div. 1, Div. 2, Div. 3)

What are your soccer aspirations? \_\_\_\_\_  
 Use the back of this page if necessary.

How did you learn about Tahuichi? \_\_\_\_\_  
 (For example: Friend, Coach, Tahuichi Way Alumni referral, Soccer America Magazine)

|                              |                      |                               |  |
|------------------------------|----------------------|-------------------------------|--|
| Player's Name (please print) |                      | Player's Signature            | Date   |
| Address (Street)             |                      | Parent's/Guardian's Signature | Date   |
| City - State - Zip           |                      | Phone(s)                      |  |
| Date of Birth                | Shirt Size<br>M L XL | Sex<br>M F                    | Primary Email Address (please print clearly) |

## TAHUICHI WAY TRAVEL CHECKLIST

- Passport (do this immediately)
- Visa (please contact your nearest Bolivian consulate office or embassy)
- Health aids
  - Tylenol, Advil, Aspirin (not necessarily these brands)
  - Asthma medication (if needed)
  - Diarrhea medication
- Optional breakfast Items (if you can't live without them)
  - breakfast cereals and/or pancake mix (because these items are very expensive in Santa Cruz)
- Practice
  - Red shorts (mandatory) 2 to 3 pairs      Generic brand is okay.
  - Red sox (mandatory) 4 to 5 pairs      Generic brand is okay.
  - Shirts (at least one week's worth)
- Shoes
  - Indoor training
  - Hard ground (turf) training (optional)
  - Molded (game) shoes
  - Running shoes
  - Black shoes – mandatory for travel and official functions
- Towels (2)
- Rain gear (just in case)
- Trading stuff/goodwill donations (old t-shirts, pins, outgrown soccer shoes, etc.)
- Camera, film
- Notebooks (optional - you may want to take notes; keep a diary)
- Black slacks - mandatory for travel and other official functions
- Suggested spending money - \$300 to \$500 for the One-Month Session - for personal shopping and spending (adjust accordingly if staying longer).  
Examples: souvenirs, pizza, airport taxes, etc.
- Taxi Money.** Using a taxi is the most common method of getting around Sta. Cruz, including between your homestay and the Academy. (We suggest \$100 for the One-Month Session and \$50 for the Two-Week Session).

## DOCUMENTS TO COMPLETE

In order to successfully join the Tahuichi Way Program, you have to first complete the Conditions (Registration) Form (page 21) and send it to Tahuichi USA together with your payment deposit. This gets you into the reservation system. Next, you have to complete the items described below. Copies of all forms are included in the pages following.

This section contains forms that should be completed and returned to Tahuichi USA.

1. **Rules and Regulations of Conduct.** This document explains the expectations on the player's conduct. It is a "contract" between the player and the coaches, parents, teammates and officials. In this way, everyone is in agreement on the disciplinary basis of the tour.  
Original plus a copy are required for Tahuichi USA.
2. **Medical Emergency Authorization.** This document permits tour staff to make judgement calls in the event of medical emergencies involving the player. It is important that this form be filled out completely and accurately.  
Original plus a copy are required for Tahuichi USA.
3. **Doctor's Statement.** Your doctor must certify that you are physically fit to participate in this program. This form, together with the Medical Emergency Authorization, provide staff with the necessary information should the athlete become ill or injured.  
Original plus a copy are required for Tahuichi USA.
4. **Photocopy of Passport.** When you receive your passport, please make two copies of the photo page and send these copies to us. Keep a third copy with you on tour in the event of loss or theft (third copy is optional).
5. **Photocopy of Visa.** For players needing special permission to travel, please send us 2 copies of your visa when you receive them. You must get information on visa requirements from your nearest Bolivian Consulate.
6. **Photographs.** A total of two 2" x 2" photographs, should be mailed to Tahuichi USA with your name clearly indicated on the back of each photo.
7. **Notarized Letter, Permission to Travel.** A letter allowing players to travel with Tahuichi USA, without the presence of parents/guardians.  
Original plus a copy are required for Tahuichi USA.

Consider keeping copies of all documents submitted to Tahuichi USA.

While in Santa Cruz players will be asked to deposit their airline tickets and their passports with the Academy office for safekeeping. Players may also keep their money at the Academy. The Academy office will provide money conversion services (U.S. dollars to "Bolivianos") at then current rates at no charge.

# RULES AND REGULATIONS OF CONDUCT

(Return a signed original plus a copy of this form to Tahuichi USA)

1. Possession and/or use of alcoholic beverages, drugs (un-prescribed or illegal), or related paraphernalia will result in immediate expulsion from the tour. Random testing may be performed by the Academy Medical Staff.
2. Unauthorized visits to the rooms/houses by members of the opposite sex, incidents of stealing or vandalism, unauthorized absence from any practice, any game, or group function, failure to inform officials of your destination, failure to maintain curfew, may result in suspension or immediate expulsion from the tour. Unless otherwise extended or shortened, curfew is 10 PM.
3. All players must always be in the presence of staff or chaperone, unless prior and specific approval is obtained. Visits to such places as tattoo and skin piercing shops, as well as sex-related establishments are strictly prohibited.
4. Any action that could threaten the health and safety of individuals or group members may also result in immediate expulsion. Foreign exchange violations (including dealing in the black market) are included in this category.
5. Arrest and detention by a foreign government will result in immediate expulsion from the tour. Parents and guardians assume immediate responsibility should a government for any reason detain a player.
6. When necessary, searches of rooms and belongings may be carried out by tour officials without prior approval of players. In most cases, players will have the opportunity, without penalty, to turn in any incriminating items before the search.
7. Repeated minor violations (such as disrespect for coaches, players, staff or referees, use of tobacco, poor deportment, etc.) may also result in suspension or expulsion. Additional rules and penalties may be added and enforced by Tour Officials as needed.

Regardless of the precautions and regulations established for the program, there is no substitute for individual personal responsibility. Santa Cruz, like any other city, has its good parts and its bad parts. Players are expected to behave responsibly at all times.

No refunds are given in the event of expulsion for disciplinary reasons, and parents or guardians are responsible for any additional costs (including phone calls, transfers and airfares) involved in sending their child/ward home. Parents will be notified immediately in the event of disciplinary problems before action is taken.

**We have read, understood, and agree to the Rules and Regulations of Conduct.**

|                    |                               |
|--------------------|-------------------------------|
| Player's Name      | Date                          |
| Player's Signature | Parent's/Guardian's Signature |

# MEDICAL EMERGENCY AUTHORIZATION FORM

Player's Name: \_\_\_\_\_

During the above named player's participation in The Tahuichi Way program, I/we authorize the coaches, trainers, or chaperones to make decisions to proceed with any critical medical or surgical treatment required for his/her health and welfare, provided an attempt to notify me/us has first been made.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

In case of emergency, please contact:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone

**If you wish to have your family physician consulted, if available in an emergency, please list his or her name and both office and residence phone numbers (include area codes):**

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone(s)

The athletic trainers have my/our permission to give the above named player over the counter medications stocked in the medical training kits. \_\_\_\_ Yes \_\_\_\_ No \_\_\_\_\_ Initial

Medications currently being taken (include generic names), special instructions, etc.:

\_\_\_\_\_  
Add additional pages if necessary.

**Please return this signed original plus a copy to Tahuichi USA.**

# DOCTOR'S STATEMENT

Player's Name: \_\_\_\_\_

I hereby certify that the above named player is physically fit to participate in the Tahuichi Way Program. The above named player is free of any conditions that might prevent him/her from participating, except as noted below:

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**I am attaching a copy of the above named player's most recent physical examination (may be a school form), as well as the generic name(s) of any prescription(s) being administered. I am also listing all shots, inoculations already taken.**

\_\_\_\_\_  
Name of Physician

\_\_\_\_\_  
Signature of Physician

\_\_\_\_\_  
Address

\_\_\_\_\_  
Day phone

\_\_\_\_\_  
Emergency phone

\_\_\_\_\_  
Date

**Please return this original plus a copy to Tahuichi USA, or physician may mail directly to Tahuichi USA.**

**(NOTARIZED) PERMISSION TO TRAVEL  
Tahuichi USA**

\_\_\_\_\_  
DATE

To Whom It May Concern:

Player's Name: \_\_\_\_\_

The undersigned parent(s) and legal guardian(s) of the above named player do hereby allow and give permission to him/her to travel to Santa Cruz, Bolivia, to participate in the Tahuichi Way Program of Tahuichi USA and the Tahuichi Aguilera Academy.

I/We understand that the above named player will be under the care and supervision of Tahuichi USA and Tahuichi Aguilera Academy staff, while in Bolivia.

Thank you for your attention.

|                           |                           |
|---------------------------|---------------------------|
| Signature Parent/Guardian | Signature Parent/Guardian |
| Date                      | Date                      |

Signed and notarized

**This signed original plus a copy are required for Tahuichi USA.**

## **PASSPORT AND VISA**

**(2 copies of each to Tahuichi USA)**

Obtaining a valid passport and visa is the sole responsibility of the player. It is recommended that you apply for your passport immediately upon acceptance into the program. Local post offices have information on where you can obtain a passport in your area. Allow six to eight weeks to receive the passport.

Players requiring visas should seek assistance from the nearest Bolivian consulate or embassy.

On tour, players are responsible for their passports when not held by tour officials. Players should recognize that replacement of lost passports while abroad is very expensive, time-consuming, and may delay returns. Players are responsible for all costs in obtaining a new passport. In addition, players are responsible for all costs of meals, lodging, and transport in the event a return is delayed because of a lost passport. If parents elect to have a Tahuichi USA official remain behind with the player who lost a passport, the parents will be responsible for the costs involved.

### **Photographs:**

Players need the following photographs:

- For passport applications: (when you apply to a U.S. Passport Office):

Two (2) identical 2" x 2" passport photographs (may be in color)

- For Tahuichi USA:

Two (2) identical 2" x 2" photographs (may be in color)

Record your full name on the back of each photo.

Unless Tahuichi USA is otherwise notified prior to tour departure, you agree to permit Tahuichi USA to use all photographs for its publications.

## COMMUNICATIONS AND MEETINGS

Due to the national and international scope of the programs communications can sometimes be difficult. Players and parents are encouraged to call Tahuichi USA if there are questions.

- Telephone conferences and email can be very effective in clarifying schedules, program formats, answering practical questions about day to day life in Santa Cruz, and the like.

Tahuichi USA  
Cony Konstin

Email: [info@tahuichi.com](mailto:info@tahuichi.com)  
Director of Coaching (503) 627-9001 (Oregon)

- Mailings are sent regularly to players. Account statements are sent immediately prior to payment deadlines. Each mailing should be reviewed carefully for accuracy and important tour information.

## COMMUNICATIONS WHILE ABROAD

It is the policy of Tahuichi USA to contact parents directly from abroad in the event of serious injury, hospitalization or disciplinary action. In addition, the national office in the USA is kept open during the tour periods to make available updated information. Parents can call or email as needed. Home stay specifics usually take a couple of days after arrival to be finalized.

As you can understand, the Bolivian families are very careful about long distance phone bills. It is highly recommended therefore, for players to bring international calling cards (like those issued by AT&T, MCI, Sprint, etc.). With a calling card (which is very different from a pre-paid phone card), a player can call the USA direct (without operator assistance), by simply dialing a special access number (given once we arrive in Santa Cruz), then entering the card number and the applicable personal identification number (PIN). Calls are all billed directly to the USA.

Pre-paid phone cards purchased in the USA do not normally work in Santa Cruz, Bolivia (we are not sure why). Pre-paid phone cards purchased in Bolivia work well.

Once the home stays are finalized (usually takes about two days after arrival), players are reminded to call home to inform and provide housing specifics. After this first call, consider setting up a prearranged time for you to call your child/ward at their home stay. For example, every Thursday at 9 PM. This way your child and the home stay family know they have a regular time for communication.

If you have access to a FAX machine, consider also communicating through the Academy FAX machine for quick concise messages. Best time to fax is at night. Bolivia is on East Coast time.

## CORRESPONDENCE / FUNDS WHILE ON TOUR

All mail can be sent via the U.S. Postal Service. Please be aware that it may take from 10 to 20 days for first-class delivery. If you need to send important documents (e.g., passport photos), you may wish to send them via express mail (we suggest Federal Express or DHL). Express mail usually takes 2 to 5 days for delivery. However, there is no guarantee that any mail will arrive to its destination on time, even through the best mail services. All correspondence should be addressed with the following information: (Do not forget your return address).

Academia Tahuichi Aguilera  
Player's Name  
Villa Deportiva del Niño Feliz Tahuichi  
4to Anillo lado Sur esq. Radial 15  
Casilla 3880  
Santa Cruz, Bolivia

Email: [tahuichi@mail.cotas.com.bo](mailto:tahuichi@mail.cotas.com.bo)

011- 591-3 - 354 7731    Tel  
011- 591-3 - 354 7730    FAX

011 = international operator  
591 = Bolivia country code  
3    = Santa Cruz city code

Avoid sending any packages to Bolivia (e.g., clothing, shoes, food) as all packages are subject to custom's inspections and duties.

Any mail returned to Tahuichi USA will be forwarded as it is received in the office.

### **For funding overseas, we suggest the following:**

- Traveler's checks.
- Western Union - can be handled over the phone with a credit card. Call Western Union for specifics.

U.S. dollars are readily cashable / accepted in Bolivia. For security reasons however, Traveler's Checks are always advisable. Avoid sending too much cash or unsigned traveler's checks. Certified checks and money orders are not accepted overseas. Once on tour, if additional monies need to be sent to Bolivia, the best option is as follows:

Best and quickest way to send money to Santa Cruz is through Western Union. Call your local Western Union office; everything can be done over the phone with a credit card. You will be provided with an order confirmation number. With this number, players can pick up the money at any Western Union office in Santa Cruz.

In converting dollars or Traveler's Checks to "Bolivianos", players can make requests at the academy in the mornings, and the academy secretary will usually have them converted (at no charge) to the local currency by the afternoon.

## REFERENCE LIST (PLAYERS, PARENTS, COACHES)

### The Tahuichi Way Program

- Chris Mackey Oregon 541 344 5687
- Tommy McQueen Connecticut 860 561 5397
- Tim Dorsey Virginia 703 802 6574
- Artie Esworthy Maryland 301 663 3411
- Jill Rubinstein New York 716 688 8383
- James Tanner New York 315 449 9094
- Casey Roberts New Mexico 505 564 3116
- Joey Patuleia Massachusetts 781 438 7738
- Gustavo & Juan Pablo Galindo California 916 974 1730
- Mr. & Mrs. Storino Illinois 841 991 9166
- Mr. & Mrs. Meneghini Illinois 708 636 4304
- Mr. & Mrs. Heary California 510 283 1788
- Mr. Gary Roth Texas 281 293 0096
- Mr. Ellis California 510 886 8136
- Coach Arnie Ramirez New York 212 795 7429
- Mr. Pitchkolan Colorado 303 690 3984
- Mr. John Crissy Florida 407 777 3232