

THE TAHUICHI WAY PROGRAMS

TOUR BOOK TABLE OF CONTENTS

QUOTES FROM TAHUICHI WAY ALUMNI.....	2
FOREWORD.....	3
THE PROGRAMS.....	4
HISTORY.....	5
WORLD OPINIONS.....	7
BACKGROUND AND OBJECTIVES.....	8
PROGRAM DESCRIPTIONS.....	9
TAHUICHI PLAYING PHILOSOPHY.....	10
SUPERVISION.....	15
ACCOMMODATIONS.....	15
FEES, INCLUSIONS, EXCLUSIONS.....	16
CONDITIONS (REGISTRATION) FORM.....	17
TAHUICHI WAY TRAVEL CHECKLIST.....	18
DOCUMENTS TO COMPLETE.....	19
RULES AND REGULATIONS OF CONDUCT.....	20
MEDICAL EMERGENCY AUTHORIZATION FORM.....	21
DOCTOR'S STATEMENT.....	22
(NOTARIZED) PERMISSION TO TRAVEL.....	23
PASSPORT AND VISA.....	24
COMMUNICATIONS AND MEETINGS.....	25
CORRESPONDENCE / FUNDS WHILE ON TOUR.....	26
REFERENCE LIST (PLAYERS, PARENTS, COACHES).....	27

**Tahuichi cannot be easily described. It must be experienced.
It is a total soccer experience.**

Quotes from Tahuichi Way Alumni

F. Gomez (CA)

Former Captain, U.S. U17 National Team

"Tahuichi is the place to be if you want to become a very good and intelligent player. For me Tahuichi is the greatest place to be for soccer. I came here because I played against Tahuichi in San Francisco and I liked their style. The way they touch the ball. The fact that they like to dribble and because every single player can do the same thing. Being here has helped me. I don't know how much it has affected my play.... but I know if I spent the time at home, I wouldn't be practicing twice a day, every day."

H. Pedersen (PA)

"Tahuichi is the best training I have ever experienced. I like Santa Cruz and think it is much safer and cleaner than many U.S. cities. For people who love soccer, Tahuichi is the perfect environment."

S. Clark (CA)

"Tahuichi is not only a wonderful soccer experience but a wonderful experience for life."

A. Merz (VT)

"Tahuichi is the dream program for anyone who wants to go as far as they can in soccer. It tests one in every way imaginable, from one's physical toughness to one's love for the game. Tahuichi is beyond sport. Tahuichi is life."

D. Trouille (IL)

"Tahuichi is not just about kicking the ball around. It's about learning to love every aspect of the game."

A. Ramirez (LI)

"I thought I had experienced hard training in my life, but until you experience Tahuichi you will only be imagining that you have experienced hard training."

E. Skyba (NJ)

"At Tahuichi we learned how to play hard and concentrate, and train correctly. So now we do more in one and a half to two hours than we did in four hours before."

A. Higgins (CA)

"It was tough that summer, but it made me a better soccer player, and that was my objective. I love to play soccer and I want to be the best I can be.... We trained on bumpy, dirty fields. It really helped improve my skills, like trapping and controlling the ball. It has made it much easier playing at home on grass fields.... As for the dunes and river runs... You run up these dunes, which are about 100 feet high and at a 45-degree angle. You also run about 4 1/2 miles around the dunes. At the river, you run about 3 miles, then run from 50 to 100 yards against a stiff current in water about 2 feet deep. Both the dunes and river runs were hard, but I didn't mind them. They helped my fitness and strength."

FOREWORD

Dear Parent, Player

Thank you for your interest in the Tahuichi Way Programs. The Tahuichi Aguilera Soccer Academy is proud to offer you this lifetime opportunity. The Tahuichi Way is a real alternative to the way you are currently experiencing soccer (and life). Since 1991 over 2,000 players (male and female) from the U.S. and around the world have taken this journey of a lifetime. All of them highly competitive players. Why have these 2,000+ players taken on the Tahuichi challenge?

These are some of the reasons:

- **They were looking for a real alternative.**
- **They wanted to be challenged.**
- **They wanted to become more creative.**
- **They wanted to become more dynamic and explosive.**
- **They wanted to discover a renewed passion for the game.**
- **They wanted to develop a stronger work ethic.**
- **They were looking for a more professional approach to the game.**
- **They wanted to experience another culture and perhaps learn Spanish.**

After you read through this book and speak with our alumni, then you will honestly know if you are ready to become a Tahuichi.

This book contains information on the Tahuichi Academy and the different programs offered. It explains in detail the Tahuichi Way Programs. In addition, we have included recent articles, parent/ player and coach referrals, and testimonials. It is important that you read thoroughly and understand all this information. It includes all that you will need to prepare for the trip (i.e., the sign-up process, information on visas, inoculations, and the like). By familiarizing yourself in advance, your tour will proceed orderly and smoothly - and thereby will provide you with the most rewarding experience. If you need to contact us:

Coach Cony Konstin
Tahuichi USA
Director of Coaching
(503) 627-9001 (Oregon)
7990 SW Barnard Drive
Beaverton, OR 97007
constantine.konstin@frontier.com

Iñaki Alvarez
Tahuichi USA
Administrative Director
Email: info@tahuichi.com
www.tahuichi.com

Eng. Rolando Aguilera, Jr.
President, Tahuichi Academy

The Programs

To allow more opportunities to experience Tahuichi, in addition to the Team Training Programs, the Tahuichi Academy has now opened its doors to individual players for anytime of the year. The new Tahuichi Way Total Immersion Program is for players who want to come individually and totally immerse themselves in everything that is Tahuichi.

- **Individual Four-Week Program** **Tahuichi Way Four-Week Intensive Immersion Program**
Intensive Individual Program
Males ages 13 to 22 and females ages 15 to 22
- **Team Training Programs** **Tahuichi Way Team Training Programs**
Intensive Team Program for high school, club or college teams
Call Cony Konstin for details at (503) 627 9001 PST

The Tahuichi Way, now with a track record of over 25 years, is the classic training program, the one by which all training programs are measured against.

According to E. Wilson, Tahuichi Way graduate from Kentucky,

"Tahuichi is for the player who wants to prepare for his/her high school or college programs. Tahuichi is the best way to get ready physically, technically and tactically, and most importantly, mentally."

For V. Bartolotta, Tahuichi Way graduate from California,

"Training on dirt fields with soccer balls as hard as bowling balls was very frustrating, but it helped my skills dramatically. Also the Tahuichi experience will prepare your game fitness and make you mentally tougher than anything back home. But beware, you better be willing to work extremely hard."

Parents and Coaches Are Welcome

Parents are welcome to visit Santa Cruz and witness first-hand the Tahuichi Way. Please keep in mind however, that such visits should minimize distractions to the players. Once in Santa Cruz, parents may choose to stay and hang out with Tahuichi or adventure to such places as Lake Titicaca in La Paz (the highest lake in the world) or to the glorious and mysterious pre-Inca ruins, Machu Picchu, in Peru. Parents are responsible for their own specific tour itineraries. If requested, Tahuichi USA can help with local hotel connections, but beyond these, parents are responsible for their own travel. For more information, please contact Tahuichi USA.

Coaches are also welcome to observe and participate. Please contact Tahuichi USA for more information.

If you decide to join the Tahuichi Way Program, payment plus the signed Conditions Form are immediately required in order to reserve a place.

History

Academia de Futbol "Tahuichi" Aguilera

Located in beautiful Santa Cruz, Bolivia - in almost 40 years – Tahuichi has created some of the finest young talents. What started as just a few kids trying to keep the family soccer tradition going has blossomed into a major international youth soccer power.

The Tahuichi Academy was formally organized on May 1st, 1978 by Eng. Rolando Aguilera Pareja as a private sports institution with no personal economic interests. A place dedicated to children's recreation and the development of the basics of soccer. In the regional Chiriguano Indian language, "Tahuichi" means "Big Bird". That was the nickname of Mr. Aguilera's father (himself a famous international), in whose honor the Academy was founded. The first students were sons Roly, Jr. and Erwin Aguilera, but soon there were over 200 applicants from around the country. The first coach was the former Brazilian international, "Dede".

The "Tahuichi Aguilera" Soccer Academy quickly became famous. In its first year, it won the Bolivian U14 national title. It was then invited to the first South American U14 championship of club teams taking place in Buenos Aires, Argentina in January, 1980, opened by the then rising star Diego Armando Maradona. It was a memorable night when Tahuichi defeated Independiente of Argentina 4-1 in the final before 50,000 spectators. Club Palmeiras of Brazil finished third. The welcome that Bolivia gave to its returning young heroes was unlike anything that had ever been done in the past. The President of the Republic, along with the complete Cabinet and Congress, distinguished the Academy, and started what has become one of the most beautiful and fascinating stories in soccer history.

In the following decades of intense work and travel, Tahuichi has represented itself in hundreds of top international soccer tournaments in USA, Europe, Asia and Latin America, in which it has maintained a success rate of over 85%. Tahuichi has traveled over 1,200,000 kms or over 30 times around the world, taking with it over a thousand kids. More than 150,000 children have passed through its doors. Many Tahuichi graduates have signed lucrative professional contracts, including Platini Sanchez (Benfica, Portugal), Ko Ishikawa (Yarimuri, Japan), Marco Etcheverry (DC United, USA), Jaime Moreno (MetroStars, USA), Joselito Vaca (Dallas Burn, USA), Juan Peña (Villareal, Spain) and Raul Medeiros (BK Hacken, Sweden). Over two dozen more have received full-ride college scholarships in the USA, including North Carolina State, Long Island University, University of South Carolina, FIU and Pan American University.

They are without question, the best youth club in the world today.

Francisco Gomez, from Watsonville, California - captain of the U17 U.S. National Team and a player in MLS, spent 8 months with Tahuichi just prior to the FIFA Youth World Cup (Ecuador '95). Then U.S. National Coach Glenn Myernick confirmed (at the time) that because of Tahuichi, Francisco progressed the most. "Gomez's ability to concentrate and stay in the game has enhanced. His touch is better and he has a more mature attitude. He plays a key position, central midfield, and is the captain. He is not only physically toughened up, but is mentally tougher."

Tahuichi History

Partial list of accomplishments

South American Champion of Clubs	Argentina	1980
International Sun Bowl Champion	USA	1980
Pan-American Champion	Brazil	1981
World Champion of River Plate	Argentina	1981
South American Champion of Clubs	Bolivia	1982
Champion of the Mundialet	Spain	1982
Latin American Champion	Argentina	1983
USA Tour (Washington, Miami, Dallas, Atlanta)	undefeated	1983
International Champion, Santander	Spain	1984
Participation in FIFA U16 World Cup	China	1985
FIFA South American Champion U16.	Peru	1986
Participation in FIFA U16 World Cup	Canada	1987
Hatters Cup Champion	England	1989
Holland Cup Champion	Holland	1990
Cordoba Cup Champion	Argentina	1990
Gothia Cup Champion 84, 85, 88, 89, 90, 93, 95,96,97,98,99, 01	Sweden	
Dallas Cup Champion 1987, 1988, 1989, 1990, 1996	USA	
Dana Cup Champion 90, 92, 93, 96, 97, 98, 99	Denmark	
Ian Rush Champion	Wales	1992
South American Champion U15	Chile	1992
Friendship Cup Champion	Peru	1994, 1998
San Francisco Cup Champion	USA	1994
European Tour (Germany, Holland – 13 games)	undefeated	1994
Friendly (3-1) Tahuichi vs. U.S. National Team U18	USA	1994
St. Benedict's Tournament Champion 94, 95, 98, 00, 01	USA	
Helsinki Cup 1988, 1989, 1995	Finland	
South America Club Champion (U15)	Bolivia	1995
Saarbrucken Cup Champion	Germany	1996
European Tour – Switzerland, Luxemburg, Liechtenstein	Undefeated	1996
Friendship Cup U13 Champion	Argentina	1996
Brondby Cup U17 Champion	Denmark	1996
Independence Cup U15 Champion	Chile	1996
South American U13 Champions	Argentina	1996
Mundialito Paz y Unidad Champion 97, 98, 01, 03, 04, 07	Bolivia	
Nike Premiere Cup, runners up	Argentina	1998
Copa Santa Catarina Champion 98, 99, 00, 01, 02, 04	Brazil	
Champions Cup, runner up	Germany	1998
Renaissance Cup Champion	USA	2000, 2001
World Champion adidas 4x4	France	1998
Nike World Championship, runner up	France	1998
II Torneo Internacional Champion	Venezuela	1999
Copa La Serena Champion	Chile	1999
Torneo Niños Martires Acosta Nu Champion	Paraguay	1999, 2000
Friendship Cup Champion 94, 97, 98, 99	Peru	
Tivoli Cup Champion	Denmark	2000, 2001
Peace Cup Champion	Sweden	2000
Antofagasta Cup Champion	Chile	2000
Mundialito Mitai Champion	Paraguay	2001, 2002

Cuadrangular Internacional Champion	Argentina	2001
-------------------------------------	-----------	------

Vinhedo Cup Champion	Brazil	01, 02, 04
Cuadrangular Internacional Champion	Argentina	2001
Copa Jao Havelange Champion	Brazil	2002
Mundialito Caracas Cup Champion	Venezuela	2003
Portland Cup Champion	USA	2003
Semillitas Cup Champion	Argentina	2005
Torito de Chiclana Cup Champion	Argentina	2006
Club Olimpia Cup Champion 96, 06, 07	Paraguay	
Esteva Gerbi Cup Champion	Brazil	2007
Valinhos Cup Champion	Brazil	2007

WORLD OPINIONS

Pele

Tahuichi has revolutionized youth football in the world. It is a great example that must be emulated. Children are the future, and Tahuichi has understood that very well.

Paul Gardner

They are a phenomenon. A real, live demonstration of how the sport of soccer should be played. Everyone involved in the sport should see them. Their challenge is simply that they will play better. It is a challenge that makes for great games. (Soccer America)

Diego Armando Maradona

I congratulate these youngsters who have delighted us with their play.... I think this is a result of work well done by their coach and directors. The collective football that Tahuichi plays is the best I have ever seen.

Charles R. Bowers (Former US Ambassador to Bolivia)

The belief in excellence and dedication to success that makes the Tahuichi Way serves as an important lesson to all the young people of the world.

Joseph Blatter, Former President of FIFA

Mr. Blatter traveled to Bolivia and bestowed upon the Academy the FIFA Medal of Gold Tahuichi has, in its play structure, the ability of the Argentineans, the cadence and rhythm of the Brazilians and the dignity of the Uruguayans and Paraguayans.

Tahuichi USA Background and Objectives

Tahuichi USA was founded with the sole purpose of bringing The Tahuichi Way to the world, especially the United States. We feel that the Tahuichi Way is perfect for U.S. players and coaches because it takes the best from all worlds. In short, Tahuichi is not the European or Latin Way. Tahuichi is everything. Technique with speed.

The experience will give you insights about risk taking, goal setting, courage, commitment, inspiration and concentration which are directly applicable to soccer, athletics and to life. It will certainly test your love and appetite for the sport. The most outstanding benefits are that in learning to be more realistic about your strengths and weaknesses, and the ways to handle and cope with them, you will observe and increase in your own personal confidence and confidence in playing the game.

O

The founders of Tahuichi USA and the Tahuichi Way Program include Rolando Aguilera (Founder of the Tahuichi Academy and an engineer by profession), Cony Konstin (Masters in Sports Management) and Iñaki Alvarez (Masters in Business Administration). All have extensive national and international playing and coaching experience.

Tahuichi Director of Coaching, Ciro Medrano, spent months working with Tahuichi USA in developing formats, curriculums and much more. The vision is to one day establish a strong, permanent Tahuichi presence in the United States and to develop great cross-cultural exchange - for the love of soccer and with the belief that our youth can be the very best.

Since 1991, over 2,000 players have completed the four-week intensive program. In addition, since 1991, over 100 players have elected to stay at Tahuichi longer and participate in the Tahuichi Masters Program (3- months to 1-year program). All of these players experienced great success upon their return.

So much so that U.S. coaches, from universities to Major League Soccer, have expressed interest in and recruited Tahuichi Way graduates. Colleen Hacker, a member of the U.S. National and Olympic Women's Coaching Staff, went as far as to spend two weeks in Santa Cruz studying the Academy and its methods. Similarly, Coach Arnie Ramirez, Long Island University (NCAA Division 1) spent several months. David Buck, Assistant Coach, Men's Program at Seton Hall (NCAA Division 1), spent two months. All have come to the conclusion that the Tahuichi Way is making a significant contribution to U.S. player development and highly recommend the Tahuichi Way to all coaches who are looking for an alternative, for themselves and their players.

PROGRAM DESCRIPTIONS

The Tahuichi Way Team Training Program

The Tahuichi Way Team Training Program is specifically designed for teams – high school, club or college. Programs can be scheduled any time of the year and will be customized according to the needs of the team. Players can live in the Tahuichi Academy dorms or in homestays. For more information, please contact Coach Cony Konstin at (503) 627 9001 pacific standard time.

The Tahuichi Way New Individual Four-Week Immersion Program

The new Tahuichi Way Four-Week Immersion Program is an intensive, accelerated program designed for those who are truly committed. Players can come to the Academy any time of the year. This program was developed by Tahuichi and provides the opportunity to immerse oneself in the exact training undergone by top Tahuichi players. In the four weeks there will be fitness as well as technical and tactical training. There will be river training, sprints up 100 ft. high sand dunes, drills on speed, agility, flexibility, rhythm, coordination, crossing, finishing, dribbling with speed, changing pace and reading the game quicker. You will compete with and against Tahuichi players. You will learn tactical discipline. You will learn the methodology and philosophy of Tahuichi. You will learn another culture and possibly a new language.

You will work harder than you ever have in your entire life.

**It is advisable to get into shape before you get to Tahuichi.
This is a total soccer experience.**

Be forewarned:

You are going to a beautiful country with very loving people. Besides the soccer, there will be a real cultural experience that will include the food, the climate, the people, etc. However Tahuichi is not a rich academy. The conditions are going to be very basic, this includes the transportation, fields and balls. Club Med it is not. Tahuichi does a lot with the little they have. Their record speaks for itself. You are not going to have the material things you may be accustomed to at home. You therefore need to go in with an open mind and a great attitude if you want the success. You will learn the meaning of humility.

Furthermore, it is strongly advised that you first speak with some of our references (players that have already experienced the Tahuichi Way), before making the decision to travel.

TAHUICHI PLAYING PHILOSOPHY

General Overview

Soccer today is faster, more committed and more dynamic than it has ever been.

Teams used to be made up of specialists, with defenders protecting their goal and forwards concentrating solely upon scoring at the other end, with only a few players maintaining the link between the two groups.

In today's style of soccer, with the tendency to put more players into midfield, all-round players have become of particular importance. Players are expected to make sacrifices as individuals for the common cause of the team as a whole. But not even a great player can subjugate all his skills in this manner - and so while the modern player must accept that he has to perform various functions for the team, he still remains true to his own very specific individual skills. It is this balance that has made Tahuichi great.

One player might be primarily a defender by nature and although he may be able to take part in constructive movements or even add his weight to the attack from time to time, his main responsibility will still be in defense. A natural attacking player meanwhile may be instructed to mark opponents while the opposing defense has the ball, but most of his efforts will be directed towards creating and taking goal chances. It is therefore important for all players to keep their specialist qualities and to be given a role in the team that corresponds to these specific abilities. All-round ability is a bonus individual quality resulting from players' general integration into an ever more complex whole, and does not in any way rule out the need for specialist players with their unique skills for particular situations. To ask too much of these players is to restrict their natural ability and thus diminish the effectiveness of their performance.

The great secret of a good soccer team is in the way in which its various elements complement each other. It is this simplicity that Tahuichi has learned to do so well.

O

At the very least, it is hoped that the Tahuichi Way Program will plant a seed of greatness in you. We say a seed because you must understand that nothing is instant. The Tahuichi Way Program is but another step in what it takes to be a champion. As mentioned more than once in this and other literature, Tahuichi has not invented anything new. What they have done is to combine the best of all there is to know about soccer and applied it to their own unique situation. They added some of their own flavoring, some environment and topped it all off with a tremendous amount of practice.

A lot of practice!

TAJUICHI PLAYING PHILOSOPHIES

Specific Concepts

Dribbling

Dribbling involves keeping the ball under control in order to take one or more opponents out of the game by taking the ball past them. Good dribbling is based primarily upon changes of direction, speed and body swerves, and is something that bears the stamp of the individual player's originality and personality. It also requires great technical skill and a keen sense of improvisation. There are many different variations of dribbling, all of them difficult to analyze. They all contain the danger of the dribbler losing the ball, but this is a risk that the player has to take when the situation demands.

A player should not dribble when he/she can pass the ball. Even the fastest player cannot travel as quickly as the ball itself. The dribbler should surprise the opponent by taking the ball past him/her on the opposite side from that on which a pass may be expected.

Feinting

Feinting is a movement of the body designed to deceive the opponent. It is one of the components of dribbling.

The body movements can be made by the chest, whereby the balancing of the shoulders deceives the opponent as to the actual direction taken or by the legs and the feet in order to simulate kicks at the ball and contact, also with the intention of tricking the opponent. There is an innumerable amount of these feinting movements which are mainly intuitive and instantaneous and therefore impossible to classify. Defenders, as well as midfield players and forwards can employ feinting.

Shooting at goal

Dribbling and inter-passing help set up goal chances that are then crowned by shots at goal, the final and decisive stage of any combined or individual attacking movement. Shots must be accurate, impromptu and powerful.

The surprise effect plays an extremely important role in scoring goals. This effect may be gained by shooting directly or by spontaneous shots where the distance is reduced by the player first pretending to shoot before actually doing so, by lob shots or by simple toe-punts struck with the toe of the boot with an extremely "flat" and unpredictable trajectory.

The angle of the shot can be widened by the player imparting a swerve effect on the ball as he strikes it. Leading players swerve their shots as much as possible, including their most powerfully struck shots. Free kicks are a particular example of how this type of shot is used.

Tahuichi Playing Philosophies: Continued:

Elements of defense marking

Marking an opponent aims at preventing him from receiving the ball, or, if he is already in possession, denying the chance of using it effectively.

The following points should be mentioned here:

- A player marks his opponent by placing himself between the opponent and his own goal, according to the position of the ball. In principle, marking should be tighter close to the ball or close to the goal.
- By marking an opponent tightly, a defender is able to see a pass coming or, at least, is able to intervene deliberately and immediately upon his man receiving the ball.
- Looser marking allows the opponent to control the ball, but clever positioning and by controlling the space around him, the defender can prevent the opponent from using the ball to develop the attack any further, in that he prevents him from making a decisive through pass. Adequate marking may also commit the opponent to dribble the ball or force him to make a worthless pass that interrupts the flow of the attack.
- A player should not just concentrate on the one direct opponent whom he is marking, but should to a certain extent always be able to assess exactly what is happening in the overall match situation.
- The most difficult thing in organizing the defense is when the defenders switch the opponents they are marking. This demands great concentration and awareness on their part and also calls for perfect harmony within the defensive block.

Any form of defensive organization implies that there must be a high degree of solidarity whenever it is necessary to help out a fellow defender who finds himself faced with a difficult situation. Thoughtful covering can give the defense a vital feeling of confidence and security.

There are two forms of covering:

- one of them requires players to cover space,
- and the other involves players covering colleagues who are themselves involved in the action.

When the ball has been lost to an opponent, challenging back becomes the first defensive action and an aggressive element of play in the opposition's defensive zone. The aim is to win the ball back quickly and forwards should not simply stop playing as soon as they lose possession. By winning the ball back straightaway, players can save a lot of running about and a great deal of tiring effort. However, teams can only harass their opponents immediately and effectively if their defensive cover is effectively organized, as this work is in fact usually aimed at forcing the opposing defense into making mistakes.

Tahuichi takes great pride in being able to overwhelm opponents and give the impression that they are multiplying themselves on the field.

Tahuichi Playing Philosophies: Continued:

Principles of attack

An attacking movement starts from the moment when a team wins possession of the ball and it lasts until there is a successful or unsuccessful attempt at goal or the ball is lost again. There are two different forms of attacking: either individual action or various combined movements. A team can only launch an attack and score a goal if it is in possession of the ball, and so the entire team is involved in an attacking movement.

The principles of attack are as follows:

- Alternation between holding on to the ball and suddenly accelerating forward; the ability to change pace in this way is a major factor in a team's effectiveness.
- Even though attacking movements should rather be oriented in a forward direction, square passes across the pitch or even back passes are by no means ruled out if they help open up holes in the ranks of the opposing defense.
- The attacking team needs to move as a unit and the players need to spread out as they move forward. The number of players involved in the attack should correspond to the actual circumstances of the attack.
- Attacks should be composed of a variety of different movements alternating regularly for instance between individual and joint movements, with frequent switches between long and short passes, and with passes being made either up and down, or across the field.
- An effective means of attack is for several players to congregate on one side of the field and then to send a long diagonal pass across to players on the other wing.
- Faced with a massed defense, teams should play as much as possible down the wings.
- Pressure and speed are among the foremost principles of effective attacking play.

All these principles have one objective: to create goal chances. The challenge of Tahuichi is simple: they will overwhelm opponents with goal scoring opportunities.

Goalkeeping

Goalkeepers get special attention at Tahuichi. Not only do they do all that is required of the field players, but they also have a special curriculum that includes the most modern keeping techniques. Today's keepers must be able to act as "sweepers", use their feet, especially with all the rules limiting hand-use and pass-backs.

Tahuichi Playing Philosophies: Continued:

Summary

It is very difficult in soccer to draw up elaborate moves in advance, because once the game has started, the moves worked out in training are suddenly confronted with the constant challenge of the opposing team. There is the repeated danger of losing possession of the ball, making it always necessary for players to adapt to new situations and find new forms of improvisation.

However, soccer as it is played today still does feature certain movements which teams can prepare in training, such as dead-ball situations, build-up and attacking movements. The alternation between these deliberately pre-planned moves and those which evolve during the course of the game itself means that there is more coordinated teamwork on the one hand, and, on the other, a need for players in the team to have a thorough understanding for each other as well as an acute innate feeling for the game itself. The standard of teamwork will depend upon all these qualities, as well as upon the standard of the team's preparation and the talent of the players in the side.

Tahuichi has not re-invented the game or discovered anything new in the game. What they have done and done effectively, is to take the best from all the different ways of thinking about the game and incorporated them into a form that is unique, challenging and beautiful to watch. As mentioned before, Tahuichi is not the Latin way or the European way. Tahuichi is everything.

TAHUICHI IS EVERYTHING

These are the reasons why you will choose Tahuichi:

1. **You are looking for a real alternative.**
2. **You want to be challenged.**
3. **You want to become more creative.**
4. **You want to become more dynamic and explosive.**
5. **You want to discover a renewed passion for the game.**
6. **You want to develop a stronger work ethic.**
7. **You are looking for a more professional approach to the game.**
8. **You want to experience another culture and perhaps learn Spanish.**
9. **You want to increase your tactical awareness and knowledge of the game.**
10. **You want to prepare for the upcoming season.**
11. **You want to know if you have what it takes....**

SUPERVISION

The ratio of players to chaperones (coaches, trainers and staff) is always kept at a level felt to provide the proper supervision while still permitting players to evidence their own maturity on tour. Strong disciplinary sanctions, from missed sessions and games, to tour dismissal, helps players understand and respect the cooperation expected from them.

All programs are under the supervision of the Tahuichi Academy. This administration is primarily responsible for land arrangements, group discipline, emergencies and other contingencies.

The Tahuichi Way takes the safety of players very seriously. All sessions will provide emergency medical services. Game related injuries are handled by top Tahuichi personnel who have many years of on-field experience at the highest levels of competition. These personnel will be supported by staff who will be instructed, if necessary, to accompany players to a local hospital for appropriate treatment.

Players are responsible for contacting a trainer to report an illness or injury not apparent to the coach. The Tahuichi Academy has its own in-house medical facility fully staffed with trainers and doctors. Players have the opportunity daily to visit with these trainers and doctors for attention. In addition, all players are registered with a local private hospital that has 24-hour emergency medical services. Players may visit this hospital at any time for attention.

It is further advised that players contact their doctor or local immunization center prior to departure for which inoculations or treatments, if any, need to be taken. Most common preventive treatments are for malaria, hepatitis, typhoid and yellow fever. Inform your doctor that Santa Cruz is located in the plains of Bolivia, at sea level. We never go near the jungles or the Amazon area. The Center for Disease Control maintains a very good travel advisory site at www.cdc.gov.

ACCOMMODATIONS

The Bolivian people are very hospitable. Although Santa Cruz is a fast growing city, life is still very provincial. Accommodations in most cases will be in the homes of middle class Bolivian families. Typical board will be rice with meat/chicken and vegetables. The water in the homes (for the most part) is safe for drinking but precautions must be taken outside (bottled water is readily available). The weather can turn cold with the chance for thundershowers. Any Spanish learned beforehand would, of course, be helpful.

Bolivia is considered to be a developing country. Although immediately upon arriving you will see that Tahuichi opens its doors to rich and poor alike - soccer is the key. They have created a tremendous atmosphere that leaves many in awe as to its accomplishments. One visit to the trophy room is enough.

Note to Parents / Players

Just as we would expect any visitors to our own homes to act with respect and consideration (regardless of the compensation), so do the Bolivian families. The laundry alone can be overwhelming at times. These Bolivian families have time and again been very gracious to open their homes to international guests. There will therefore, be no tolerance for any kind of disrespect or abuse. Likewise, Tahuichi will not tolerate any disrespect towards Americans or other international players. Players are responsible for informing Tahuichi officials if there are problems with the homestay arrangements or other issues not immediately obvious.

FEES, INCLUSIONS, EXCLUSIONS

The Tahuichi Way Team Training Program
Call Coach Cony Konstin for details

The Tahuichi Way Individual Four-Week Immersion Program
Comprehensive Fee per Player

\$2,875

This fee include:

- All accommodations and homestay meals
- All coaching, training
- Medical support and supplemental medical coverage
- Tour processing and administration
- Ground transportation – program related
- Tour T-shirt, tour polo shirt and diploma

Exclusions:

- Round trip international airfare
- Passport fees and Visa fees
- Items of personal nature
- Practice uniforms
- Local transportation other than program related

Mandatory:

- Shin guards
- Red shorts and sox for practice matches (solid or with stripes, it does not matter, as long as they are predominantly red). Generic brands are okay.

Parents / Coaches Welcome

- As mentioned earlier, parents and coaches are welcome.
- Call Tahuichi USA at (503) 627-9001 for more information (Oregon).

Other Costs

- Airport Security Taxes. These need to be paid in cash by each person upon departure from Santa Cruz (\$25). Tax rates are subject to change.
- Taxi Spending Money. Taxis are the most common method for getting around in Santa Cruz. Most fares cost around 10 Bolivianos (less than \$2). Please be prepared with taxi money (about \$100 for the four-week session should be sufficient).

Cancellations

Cancellations in writing 30 days (or more) prior to departure will result in a full refund less a \$400 cancellation fee. Cancellations received in writing on or within 30 days prior to departure will result in a cancellation fee of \$600. Players are strongly advised to obtain travel insurance to cover cancellations resulting from medical and/or family emergencies prior to departure. Visit the following sites for more information: www.travelinsured.com

www.travelguard.com

www.accessamerica.com

www.worldtravelcenter.com

CONDITIONS (REGISTRATION) FORM

Tahuichi Way Individual Four-Week Immersion Program

Tahuichi USA and the Tahuichi Academy, its directors, employees, and/or agents declare that all tickets, vouchers, and coupons issued by them, and all arrangements for transportation and accommodations made by them, are made by them upon the express conditions that they shall not be liable for any injury, damage, loss, accident, delay or irregularity which may occur by reason of defect in any vehicle or through the act of default of any company or person engaged in conveying the passenger or carrying out the arrangements of the tour. Tahuichi USA and the Tahuichi Academy, its directors, employees and/or agents can accept no responsibility for losses or accidental expenses due to delay or changes in schedules, defaults, overbooking by carriers or hotels, sickness, weather, strikes, war, governmental action, quarantine or other causes. Tahuichi USA and the Tahuichi Academy reserve the right to substitute, when expedient or necessary, aircraft, airlines, trains, buses, ferries, accommodations, matches and tournaments; and to cancel a tour member from the tour prior to, after commencement of, or during the tour; and/or to make such substitutions, alterations or cancellations at any time without the advance notice to or approval of tour members. Tahuichi USA and the Tahuichi Academy reserve the right to change itineraries and prices at any time. No refund will be made for any unused portion of any tour unless such portion has been deleted from the tour. The pro rata cost of such unused portion shall be the full limit of Tahuichi USA and the Tahuichi Academy's responsibility to said tour member and/or purchaser. Players cancelled from the tour for violations of the Rules and Regulations will not receive any refund for the unused portion of the tour. Players are fully responsible for securing and handling passports and visas. Tahuichi USA and the Tahuichi Academy, its directors, employees and/or agents are not responsible for any injury or loss of property to the player prior to, during, or after the tour.

Parents or guardians shall defend and indemnify Tahuichi USA and the Tahuichi Academy, its directors, employees and agents for any and all liabilities on account of any and all claims brought against Tahuichi USA and the Tahuichi Academy, its directors, employees and agents by the parents or guardians or their children or wards. Payments or signing the attached forms shall be considered as consent to the above conditions and all conditions contained in this document.

We agree to all terms and conditions contained in this document, and hereby enroll our child/ward in the Tahuichi Way Four-Week Program. Our payment is included with this Registration Form.

Note: For the Tahuichi Way Team Training Program - call Coach Cony Konstin for details

I am enrolling in the Tahuichi Way Individual Four-Week Immersion Program

What level(s) are you currently playing at? _____
 (For example: Club, High School, State, Regional, National, Div. 1, Div. 2, Div. 3)

What are your soccer aspirations? _____
 Use the back of this page if necessary.

How did you learn about Tahuichi? _____
 (For example: Friend, Coach, Tahuichi Way Alumni referral, Soccer America)

Player's Name (please print)		Player's Signature	Date
Address (Street)		Parent's/Guardian's Signature	Date
City - State - Zip		Phone(s)	
Date of Birth	Shirt Size M L XL	Sex M F	Primary Email Address (please print clearly)

TAHUICHI WAY TRAVEL CHECKLIST

- Passport (do this immediately)
- Visa (please contact your nearest Bolivian consulate office or embassy)
- Health aids:
 - Tylenol, Advil, Aspirin (not necessarily these brands)
 - Asthma medication (if needed)
 - Diarrhea medication
- Optional breakfast items (if you can't live without them)
 - Breakfast cereals and/or pancake mix
(because these items can be very expensive in Santa Cruz)
- Practice
 - Red shorts (mandatory) 2 to 3 pairs Generic brand is okay
 - Red sox (mandatory) 4 to 5 pairs Generic brand is okay
 - Shirts (at least one week's worth)
- Shoes
 - Indoor training
 - Hard ground (turf) training (optional)
 - Molded (game) shoes
 - Running shoes
 - Black shoes – mandatory for travel and official functions
- Towels (2)
- Rain gear (just in case)
- Trading stuff/goodwill donations (old t-shirts, pins, outgrown soccer shoes, etc.)
- Camera, film
- Notebooks (optional - you may want to take notes; keep a diary)
- Black slacks - mandatory for travel and other official functions
- Suggested spending money - \$300 to \$500 for the Four-Week Program - for personal shopping and spending (examples: souvenirs, pizza, airport taxes, etc.)

Taxi Money: Using a taxi is the most common method of getting around Sta. Cruz, including between your homestay and the Academy (we suggest about \$100).

DOCUMENTS TO COMPLETE

In order to successfully join the Tahuichi Way Program, you have to first complete the Conditions (Registration) Form and send it to Tahuichi USA together with your payment. This gets you into the reservation system. Next, you have to complete the items listed below. Copies of all forms are included in the pages following.

This section contains forms that should be completed and returned to Tahuichi USA.

1. **Rules and Regulations of Conduct.** This document explains the expectations on the player's conduct. It is a "contract" between the player and the coaches, parents, teammates and officials. In this way, everyone is in agreement on the disciplinary basis of the tour.
Original plus a copy are required for Tahuichi USA.
2. **Medical Emergency Authorization.** This document permits tour staff to make judgment calls in the event of medical emergencies involving the player. It is important that this form be filled out completely and accurately.
Original plus a copy are required for Tahuichi USA.
3. **Doctor's Statement.** Your doctor must certify that you are physically fit to participate in this program. This form, together with the Medical Emergency Authorization, provide staff with the necessary information should the athlete become ill or injured.
Original plus a copy are required for Tahuichi USA.
4. **Photocopy of Passport.** When you receive your passport, please make two copies of the photo page and send these copies to us. Keep a third copy with you on tour in the event of loss or theft (third copy is optional).
5. **Photocopy of Visa.** For players needing special permission to travel, please send us 2 copies of your visa when you receive them. You must get information on visa requirements from your nearest Bolivian Consulate.
6. **Photographs.** A total of two 2" x 2" photographs, should be mailed to Tahuichi USA with your name clearly indicated on the back of each photo.
7. **Notarized Letter, Permission to Travel.** A letter allowing players to travel with Tahuichi USA, without the presence of parents/guardians.
Original plus a copy are required for Tahuichi USA.

Consider keeping copies of all documents submitted to Tahuichi USA.

While in Santa Cruz players will be asked to deposit their airline tickets and their passports with the Academy office for safekeeping. Players may also keep their money at the Academy. The Academy office will provide money conversion services (U.S. dollars to "Bolivianos") at then current rates at no charge.

RULES AND REGULATIONS OF CONDUCT

(Return a signed original plus a copy of this form to Tahuichi USA)

1. Possession and/or use of alcoholic beverages, drugs (un-prescribed or illegal), or related paraphernalia will result in immediate expulsion from the tour.
2. Unauthorized visits to the rooms/houses by members of the opposite sex, incidents of stealing or vandalism, unauthorized absence from any practice, any game, or group function, failure to inform officials of your destination, failure to maintain curfew, may result in suspension or immediate expulsion from the tour. Unless otherwise extended or shortened, curfew is 10 PM.
3. All players must always be in the presence of staff or chaperone, unless prior and specific approval is obtained. Visits to such places as tattoo and skin piercing shops, as well as sex-related establishments are strictly prohibited.
4. Any action that could threaten the health and safety of individuals or group members may also result in immediate expulsion. Foreign exchange violations (including dealing in the black market) are included in this category.
5. Arrest and detention by a government will result in immediate expulsion from the tour. Parents and guardians assume immediate responsibility should a government for any reason detain a player.
6. When necessary, searches of rooms and belongings may be carried out by tour officials without prior approval of players. In most cases, players will have the opportunity, without penalty, to turn in any incriminating items before the search.
7. Repeated minor violations (such as disrespect for coaches, players, staff or referees, use of tobacco, poor deportment, etc.) may also result in suspension or expulsion. Additional rules and penalties may be added and enforced by Tour Officials as needed.

Regardless of the precautions and regulations established for the program, there is no substitute for individual personal responsibility. Santa Cruz, like any other city, has its good parts and its bad parts. Players are expected to behave responsibly at all times.

No refunds are given in the event of expulsion for disciplinary reasons, and parents or guardians are responsible for any additional costs (including phone calls, transfers and airfares) involved in sending their child/ward home. Parents will be notified immediately in the event of disciplinary problems before action is taken.

We have read, understood, and agree to the Rules and Regulations of Conduct.

Player's Name	Date
Player's Signature	Parent's/Guardian's Signature

MEDICAL EMERGENCY AUTHORIZATION FORM

Player's Name: _____

During the above named player's participation in The Tahuichi Way program, I/we authorize the coaches, trainers, or chaperones to make decisions to proceed with any critical medical or surgical treatment required for his/her health and welfare, provided an attempt to notify me/us has first been made.

Signature of Parent/Guardian

Date

Signature of Parent/Guardian

Date

In case of emergency, please contact:

Name

Phone

Name

Phone

If you wish to have your family physician consulted, if available in an emergency, please list his or her name and both office and residence phone numbers (include area codes):

Name

Phone(s)

The athletic trainers have my/our permission to give the above named player over the counter medications stocked in the medical training kits. _____ Yes _____ No__ Initial

Medications currently being taken (include generic names), special instructions, etc.:

Add additional pages if necessary.

Please return this signed original plus a copy to Tahuichi USA.

DOCTOR'S STATEMENT

Player's Name: _____

I hereby certify that the above named player is physically fit to participate in the Tahuichi Way Program. The above named player is free of any conditions that might prevent him/her from participating, except as noted below:

I am attaching a copy of the above named player's most recent physical examination (may be a school form), as well as the generic name(s) of any prescription(s) being administered. I am also listing all shots, inoculations already taken.

Name of Physician

Signature of Physician

Address

Day phone

Emergency phone

Date

Please return this original plus a copy to Tahuichi USA, or physician may mail directly to Tahuichi USA.

**(NOTARIZED) PERMISSION TO TRAVEL
Tahuichi USA**

DATE

To Whom It May Concern:

Player's Name: _____

The undersigned parent(s) and legal guardian(s) of the above named player do hereby allow and give permission to him/her to travel to Santa Cruz, Bolivia, to participate in the Tahuichi Way Program of Tahuichi USA and the Tahuichi Aguilera Academy.

I/We understand that the above named player will be under the care and supervision of Tahuichi USA and Tahuichi Aguilera Academy staff, while in Bolivia.

Thank you for your attention.

Signature Parent/Guardian	Signature Parent/Guardian
Date	Date

Signed and notarized

This signed original plus a copy are required for Tahuichi USA.

PASSPORT AND VISA

(2 copies of each to Tahuichi USA)

Obtaining a valid passport and visa is the sole responsibility of the player. It is recommended that you apply for your passport immediately upon acceptance into the program. Local post offices have information on where you can obtain a passport in your area. Allow six to eight weeks to receive the passport.

Players requiring visas should seek assistance from the nearest Bolivian consulate or embassy.

On tour, players are responsible for their passports when not held by tour officials. Players should recognize that replacement of lost passports while abroad is very expensive, time-consuming, and may delay returns. Players are responsible for all costs in obtaining a new passport. In addition, players are responsible for all costs of meals, lodging, and transport in the event a return is delayed because of a lost passport. If parents elect to have a Tahuichi USA official remain behind with the player who lost a passport, the parents will be responsible for the costs involved.

Photographs:

Players need the following photographs:

- For passport applications: (when you apply to a U.S. Passport Office):

Two (2) identical 2" x 2" passport photographs

- For Tahuichi USA:

Two (2) identical 2" x 2" photographs (may be in color)
Record your full name on the back of each photo.

Unless Tahuichi USA is otherwise notified prior to tour departure, you agree to permit Tahuichi USA to use all photographs for its publications.

COMMUNICATIONS AND MEETINGS

Due to the national and international scope of the programs communications can sometimes be difficult. Players and parents are encouraged to call Tahuichi USA if there are questions.

- Telephone conferences and email can be very effective in clarifying schedules, program formats, answering practical questions about day to day life in Santa Cruz, and the like.

Tahuichi USA
Cony Konstin

Email: info@tahuichi.com
Director of Coaching (503) 627-9001 (Oregon)

COMMUNICATIONS WHILE ABROAD

It is the policy of Tahuichi USA to contact parents directly from abroad in the event of serious injury, hospitalization or disciplinary action. In addition, the national office in the USA is always available. Parents can call or email as needed. Home stay specifics usually take a couple of days after arrival to be finalized.

As you can understand, the Bolivian families are very careful about long distance phone bills. It is highly recommended therefore, for players to bring international calling cards (like those issued by AT&T, Sprint, etc.). With a calling card (which is very different from a pre-paid phone card), a player can call the USA direct (without operator assistance), by simply dialing a special access number (given once we arrive in Santa Cruz), then entering the card number and the applicable personal identification number (PIN). Calls are all billed directly to the USA.

Pre-paid phone cards purchased in the USA do not normally work in Santa Cruz, Bolivia (we are not sure why). Pre-paid phone cards purchased in Bolivia work well.

Once the home stays are finalized (usually takes about two days after arrival), players are reminded to call home to inform and provide housing specifics. After this first call, consider setting up a prearranged time for you to call your child/ward at their home stay. For example, every Thursday at 9 PM. This way your child and the home stay family know they have a regular time for communication.

If you have access to a FAX machine, consider also communicating through the Academy FAX machine for quick concise messages. Best time to fax is at night. Bolivia is on East Coast time.

CORRESPONDENCE / FUNDS WHILE ON TOUR

All mail can be sent via the U.S. Postal Service. Please be aware that it may take from 10 to 20 days for first-class delivery. If you need to send important documents (e.g., passport photos), you may wish to send them via express mail (we suggest Federal Express or DHL). Express mail usually takes 2 to 5 days for delivery. However, there is no guarantee that any mail will arrive to its destination on time, even through the best mail services. All correspondence should be addressed with the following information: (Do not forget your return address).

Academia Tahuichi Aguilera
Player's Name
Villa Deportiva del Niño Feliz Tahuichi
4to Anillo lado Sur esq. Radial 15
Casilla 3880
Santa Cruz, Bolivia

Email: tahuichi@mail.cotas.com.bo

011- 591-3 - 354 7731 Tel
011- 591-3 - 354 7730 FAX

011 = international operator
591 = Bolivia country code
3 = Santa Cruz city code

Avoid sending any packages to Bolivia (e.g., clothing, shoes, food) as all packages are subject to custom's inspections and duties.

Any mail returned to Tahuichi USA will be forwarded as it is received in the office.

For funding overseas, we suggest the following:

- Traveler's checks.
- Western Union - can be handled over the phone with a credit card. Call Western Union for specifics.

U.S. dollars are readily cashable / accepted in Bolivia. For security reasons however, Traveler's Checks are always advisable. Avoid sending too much cash or unsigned traveler's checks. Certified checks and money orders are not accepted overseas. Once on tour, if additional monies need to be sent to Bolivia, the best option is as follows:

Best and quickest way to send money to Santa Cruz is through Western Union. Call your local Western Union office; everything can be done over the phone or online with a credit card. You will be provided with an order confirmation number. With this number, players can pick up the money at any Western Union office in Santa Cruz.

In converting dollars or Traveler's Checks to "Bolivianos", players can make requests at the academy in the mornings, and the academy secretary will usually have them converted (at no charge) to the local currency by the afternoon.

REFERENCE LIST (PLAYERS, PARENTS, COACHES)

The Tahuichi Way Program

- Arnie Ramirez (917) 374-6230 Long Island Univ. Coach (23 years)
- Gary Roth (713) 894-5010 Parent
- Cory Roth (832) 419-9973 Player
- Robert Gonzalez (214) 663-1215 Parent
- Matt Smith (208) 863-2882 Parent
- Todd Smith (801) 735-7293 Parent
- Derek Armstrong (858) 349-0869 Founder La Jolla Nomads
- Tony Igwe (650) 773-1992 Parent and Head Coach, Chabot JC
- Marin Tremble (301) 802-1065 Parent

• Chris Mackey	Oregon	541 344 5687
• Tommy McQueen	Connecticut	860 561 5397
• Tim Dorsey	Virginia	703 802 6574
• Artie Esworthy	Maryland	301 663 3411
• Jill Rubinstein	New York	716 688 8383
• James Tanner	New York	315 449 9094
• Casey Roberts	New Mexico	505 564 3116
• Joey Patuleia	Massachusetts	781 438 7738
• Gustavo & Juan Pablo Galindo	California	916 974 1730
• Mr. & Mrs. Storino	Illinois	841 991 9166
• Mr. & Mrs. Meneghini	Illinois	708 636 4304
• Mr. & Mrs. Heary	California	510 283 1788
• Mr. Gary Roth	Texas	281 293 0096
• Mr. Ellis	California	510 886 8136
• Coach Arnie Ramirez	New York	212 795 7429
• Mr. Pitchkolan	Colorado	303 690 3984
• Mr. John Crissy	Florida	407 777 3232